



# QUILT GUILD BY THE SEA NEWSLETTER

September 2017

VOLUME 7, ISSUE 9

## September 12, 2017

### Guild Meeting

- Program: Charlotte Noll's Quilts Trunk Show & Presentation
- Fat Quarter: Blue (Any pattern)
- 50/50 Raffle

## PRESIDENT'S LETTER

Thanks to all of you who were so patient and understanding when we had some A/C issues at the July QGbtS meeting! After some minor adjustments, a room change, and lots of help from everyone, our Summer Bee went on as planned.

We were fortunate to have Ann Ford demonstrate quilting rulers to several small groups during the August meeting. I know many of us were inspired to learn more about this technique. Many thanks to Ann for sharing her expertise.



I hope you will be able to join us for the September 12<sup>th</sup> meeting when the very talented Charlotte Noll will treat us to a trunk show, highlighting her original one of a kind quilts. She will also conduct a workshop featuring her unique mosaic quilt designs. Make plans to attend! I know you will thoroughly enjoy her program and workshop!

If you have not already made plans to attend the QGbtS Retreat in November (7-10<sup>th</sup>), now is the time to save your spot. Only 1 slot left!!

Remember that our guild is only as active as our members make it. So, come to the meetings, attend the workshops, help on a committee and join in the fun!! You will be so glad you did!!

Suzanne



## VOLUNTEERS NEEDED

QGbtS is in need of volunteers for the following positions:

- **Comfort Quilt Chair—see page 2**
- **QOV Backing Director—see page 9 for details**
- Longarm Quilters
- Webmaster

## DID ANYONE SEE THE ECLIPSE?



## Guild Address:

Quilt Guild by the Sea  
PO Box 64  
Boca Raton, FL 33429

**CURRENT OFFICERS:**

**President:**

Suzanne McGee  
(201-207-7300)  
[sfmcgee@myacc.net](mailto:sfmcgee@myacc.net)

**Vice President/Photographer**

Linda Freyer  
(954-649-0031)  
[mooncreat@aol.com](mailto:mooncreat@aol.com)

**Treasurer:**

Lee Hasse  
(561-392-6866)  
[lmhasse@hotmail.com](mailto:lmhasse@hotmail.com)

**Secretary:**

Lisa Coles  
(240-626-8906)  
[Mels.coles@gmail.com](mailto:Mels.coles@gmail.com)

**Membership Director:**

Ellen Heckler (561-245-8280)  
[Ellen.Heckler@gmail.com](mailto:Ellen.Heckler@gmail.com)

**Program Director:**

Thyra Schubert  
(561-371-5992)  
[Teawithfelix@gmail.com](mailto:Teawithfelix@gmail.com)

Pat Lynes

(909-331-7549)  
[pjcreation@aol.com](mailto:pjcreation@aol.com)

**Publication Director:**

Deb Shoemaker  
(954-629-1720)  
[DebShoemaker22@gmail.com](mailto:DebShoemaker22@gmail.com)

**Historian:**

Ann Ford  
[Ann.k.ford@gmail.com](mailto:Ann.k.ford@gmail.com)

**WE NEED YOU ...**

**The success of our guild depends on the involvement of our members.**

- Elections are coming up in November; see a member of the nominating committee for information on a specific officer job.
- We have positions and jobs for old and new members.



**!!URGENT ... ALERT!!**

- **Cathy Baldwin is moving.**  
We need a Comfort Quilt Chair or multiple Team Leaders to:  
\*organize the Guild's monthly Comfort Quilt Workshop, supervise room set-up, \*organize cutting workshops and kits, \* notify interested Guild members of the monthly workshop, \*distribute quilts to the Infusion Centers at BRRH and Lynn Cancer Center, \* requisition supplies, \*collect, organize and arrange storage for Comfort Quilt's fabric, and communicate numbers of finished quilts and quilts distributed at the monthly Board and Guild Meetings
- We need suggestions: Tell us what you would like to see in programs, give us suggestions for fund raising, etc.

**WHAT WAS I THINKING?**

**Start planning ahead for items that you would like to bring to the "What was I Thinking" Sale.**

Do you have fabrics that you can't imagine why you bought them? Patterns you will never make? Hand craft supplies or notions that you will never use? Start cleaning and organizing, the sale is coming quickly!

Items that are not sold must be taken home or donated.



**EVENT CALENDAR:**

**September 12, 2017**

Guild Meeting

- Program: Charlotte Noll's Quilts Trunk Show & Presentation
- Fat Quarter: Blue (Any pattern)

**September 13, 2017**

- Mosaic Technique by Charlotte Noll

**September 19, 2017**

- QOV Workshop

**September 26, 2017**

- Board of Directors meeting

**September 27, 2017**

- Comfort Quilt Cutting Party
- Fidget Quilt Workshop

**October 10, 2017**

Guild Meeting

- Program: "Quick Tips and Tricks" featuring LongArm tips, perfect bindings, and easy blocks. Discussion Panel by Linda Adamcik & Dottie Levine.

- Fat Quarter: Travel/Florida

**October 11, 2017**

- Mesh Tote/Beach Bag Workshop by Linda Adamcik

**October 17, 2017**

- QOV Workshop

**October 24, 2017**

- Board of Director meeting

**October 25, 2015**

- Comfort & Fidget Quilt Workshop

**UPCOMING WORKSHOPS:**

**Mosaic Technique Workshop by Charlotte Noll**

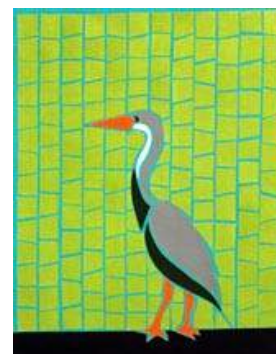
Date: September 13, 2017

Location: Grace Community Church, Music Room

Time: 10 AM—4 PM

Member Fee: \$40.00

Non-Member Fee: \$50.00



**Mesh Tote/Beach Bag by Linda Adamcik**

Date: October 11, 2017

Location: Grace Community Church, Music Room

Time: 10 AM—4 PM

Member Fee: \$30.00

Non-Member Fee: \$40.00

(Additional \$5.00 for Mesh)



**Embroidery Workshop by Jennifer Lee, Red Thread Studio**

Date: November 15, 2017

Location: Grace Community Church, Music Room

Time: 10 AM—4 PM

Member Fee: \$40.00

Non-Member Fee: \$50.00

(Bird House Kit—Additional \$12.00)



**Workshop Policies:** Payments for workshops **must** be received at the time of sign-up. Workshop fees are refundable up to 5 days prior to scheduled date.



**EVENT CALENDAR:**

**November 14, 2017**

Guild Meeting

- Program: Embroidery Trunk Show by Jennifer Lee, Red Thread Studio
- QGbtS Elections
- Fat Quarter: 1930's-1940's

**November 15, 2017**

- Embroidery Workshop by Jennifer Lee, Red Thread Studio

**November 21, 2017**

- QOV Workshop

**November 29, 2017**

- Comfort & Fidget Quilt Workshop

**December 12, 2017**

Guild Meeting

- Officers
- Presentation of New Program: "What was I thinking " Sale
- Member Recognition
- Fat Quarter: Party (New Years, Birthdays, etc.)

**December 19, 2017**

- QOV Workshop

**December 27, 2017**

- Comfort & Fidget Quilt Workshop

**March 14-March 15, 2018**

- Spring Camp "What's Cooking?"

**"The Frank McGee Memorial QOV Workshop"**

**Upcoming QOV Workshops:**

**September 19, 2017** from 9:30 AM—3:00 PM at Grace Community church in the Music Room

Thanks to the generous participation of our members, we are producing a remarkable amount of quilts for our veterans. We would like to thank everyone who is doing her share, whether you are sewing at home or at the workshop, whether you are sewing stars, sewing strips, assembling tops, making pillow cases, binding, longarm quilting, etc..... Every little bit helps.

Bring your sewing machine with basic accessories, thread, and lunch.

Precut kits/fabrics will be provided.

For those unable to attend the workshops, prepared kits are available to pick up at the workshops and guild meetings.

**LONGARMERS:** We are in desperate need of longarmers for our QOV program. If you own a quilting machine, we will provide the batting for our tops. A simple all-over quilt design is sufficient.

A huge **THANK YOU** for your participation.

For additional information, contact Diane Provost [561-409-3114](tel:561-409-3114), [paquinprovost@gmail.com](mailto:paquinprovost@gmail.com)



*∴ quilt of valor ∴*

**QOV PRESENTATION:**

On August 28, Timothy Fay , Iraq Combat Veteran, Palm Beach County Sheriff, Detective/Swat Team Negotiator was presented with a Quilt of Valor.





**ANNUAL  
MEMBERSHIP DUES**

QGbtS annual membership dues for 2017 will be **\$35.00.**

**'MEMBERSHIP HAS ITS  
PRIVILEGES'**

Paid members of the QGbtS are eligible to:

- participate in Guild programs
- participate in workshops
- receive monthly newsletter
- place ads in the classifieds.
- **Guests are welcome to attend all of our meetings with a donation of \$5.00.**
- Dues are non-refundable.

For further information contact:

**MEMBERSHIP DIRECTORY**

Please submit changes, additions or deletions for the membership directory.

Send changes to Ellen Heckler via email: [Ellen.Heckler@gmail.com](mailto:Ellen.Heckler@gmail.com)

**ATTENTION...  
ALL MEMBERS**

**DON'T FORGET TO  
SIGN IN AT THE  
GUILD MEETING!**

**QOV IS NOW HIRING!!!**

Our QOV program is growing rapidly and we have divided the work in many positions.  
Meet our QOV team:

**Diane Provost – QOV Team Leader:**

Completed quilt tops from the longarmer are returned to me; I take care of them from there. As the leader of the of QOV team, I am also responsible for buying all fabrics, collecting all the sewn stars, cutting and preparing the kits for the tops, and leading the work-shops.

**Suzanne McGee - Star Manager:**

Suzanne cuts and prepares all the star kits that members pick up from the guild meetings to sew at home.

**Mitzi Halliday - Top Manager:**

Mitzi brings the completed tops home to cut all the hanging threads and to press them nicely; she gets the tops ready for longarm quilting.

**Kathy Louderback and Grace O'Donnell - Awards Managers:**

Kathy and Grace organize most of quilt Awards presentations between the venues and the nominees.

**Backing Director – open:**

The description of this position:

- measure the quilt top - length and width add 8" to each, length and width measurements select a fabric that harmonize well with the quilt top
  - cut and sew the backing
- fill in the form on the QOVF site to request a longarmer contact the longarmer to make the necessary arrangements for the quilt top; this is usually done by email, prepare the mailing box, handwrite a note to the longarmer and include it in the box go to the post office

Thank you to our QOV team and the members that participate in our program. Looking forward to adding a "Backing" Director to our team. Please email or call me for more details if you are interested.

Diane  
[Paquinprovost@gmail.com](mailto:Paquinprovost@gmail.com) or [561-409-3114](tel:561-409-3114)

**IT'S A BEE!!!**

**Lincolnwood Bee:**

Meets 1st and 3rd Friday of the month at 10:00 AM-3:00 PM at Lincolnwood Club-house.



Any questions, please call Sarah at 561-620-2856.

**GET INVOLVED!**

**EVERYONE IS WELCOME!**

QGbtS Board Meetings are open to everyone. Please attend our Board meetings;. Bring your comments, suggestions, ideas, questions or just listen. Meeting are held at Grace Community Church (Music Room) from 10:30 AM—12:00 AM. Dates are listed in the Event section of the newsletter.

**IS SOMEONE WEARING A FLIP FLOP PIN?**



If someone at the Guild meeting is wearing a quilted flip flop pin, introduce yourself and give them a warm welcome. New members will wear these cute pins to identify themselves to other members.

**GUESTS:**

Marina Flores

**SURVEY DRAWING WINNER:**

Kristi Kristol

**FAT QUARTER OF THE MONTH WINNER:**

Kristi Kristol

**50/50 RAFFLE WINNER:**

Wanda Goldfarb



**COMFORT QUILTS**

- Cathy is moving! A new Comfort Quilt Chair is needed. See page 2 for more information.
- 20 quilts were delivered to the hospital this month; a total of 76 to date.
- New Comfort Quilts and kits will be available at the September Guild meeting. Please stop by the Comfort Quilt table!



**Comfort quilt size specifications are:**

- ◆ a minimum of **38 - 42" wide**, and a minimum of **48 - 54"** in length.
- ◆ Any fabrics for women, men, and children are acceptable.

The next Comfort Quilts workshop/cutting party is scheduled for **September 27, 2017**. Kits to take home will be available at the Guild meeting. There is something for everyone to do!

Please contact Cathy Baldwin at [cathyb1911@comcast.net](mailto:cathyb1911@comcast.net) for information or with any questions.



**FIDGET QUILTS**

- On August 8th, Ellen Heckler and Linda Eddy delivered 23 Fidget Quilts to the Atrium in Boca Raton. Malissa, Activities Director, said she felt very blessed by the generosity of our guild and was amazed at all the work on each quilt; she appreciates the efforts of each quilter. Her clients will have many hours of enjoyment. Thank you.
- The next Fidget workshop is scheduled for **September 27, 2017**.
- Bags with supplies are available for anyone who would like to participate in making a Fidget quilt.



Any questions, please contact Linda Eddy: [561-376-3996](tel:561-376-3996) or email: [eddylinda1007@yahoo.com](mailto:eddylinda1007@yahoo.com)



**FAT QUARTER OF THE MONTH: SHELL BOUQUET—KAFFE COLLECTIVE—LIGHT BLUE**

Reminders of the summer beach; clusters of seashells with tones of candy, hot pink, dark red, soft yellow, sage, dark green, natural/cream, maple brown, and marine blue on a light blue back ground. The larger shell clusters are about 12". "Shell Bouquet" from Spring 2017 Kaffe Fassett Collective collection by Philip Jacobs for Free Spirit.



**COMFORT BEAR KITS**

Comfort Bear kits complete with paper pattern, fabric, and ready-to-sew-on bear faces are ready to pick up at our next meeting. This is a quick and easy project that will make a child smile.



Bears are being given to Ryan's Face for Smiles. If you have additional suggestions of places to donate bears, please contact Johanna at [Stitchcraftboca@gmail.com](mailto:Stitchcraftboca@gmail.com).

**2017 QGbtS CHALLENGE: "WHO AM I?"**

We've had mug rugs, we've had tea towels, we've had mini quilts and log cabin challenges. Our 2017 challenge theme will be inspired by **YOUR INITIALS**.

Use your initials to depict the colors, the style, and the subject of your quilt.

Example: My initials are "SFC"

S could be used for the color---scarlet

F could be used for the subject---flower

C could be used for the style---crazy quilt

I would then have a crazy quilt with scarlet flowers. Or "SFC" could stand for San Francisco, California. I could create a quilt depicting San Francisco. (Quilted example below)

**CHALLENGE GUIDELINES: The entry must:**

- be any size up to and including 50" X 65"; the approximate size of a **Lap Top** quilt. Nothing larger.
- include at a minimum of two letters of your initials to inspire and complete your quilt as described above.
- use any quilting technique: pieced, appliqued, paper pieced, etc. Machine or hand quilted.
- have a 4" hanging sleeve on the back.
- have a label on the back right hand corner with your name, name of the person who did the quilting, the name of the quilt, and Quilt Guild by the Sea.
- be made and completed between December 1, 2016 and October 10, 2017. **No Exceptions or Extensions.**

A sign-up sheet will be available at the General Meeting.

Participation is welcome for everyone at all skill levels. Need help? Ask a guild member. For further information, contact:

**Sarah Crew** 561-620-2856



**QGbtS LIBRARY**



We have wonderful books!

Take the opportunity to look through or borrow a book, a DVD, or a magazine that interests you.

All books must be checked out and returned at the next Guild Meeting. Late fees will be charged when applicable.

New books and magazines are always accepted.

**Guild Librarians:**

Joan Cohn & Dellie Krebs

Library Hours: 9:30—10:00 AM during every Guild meeting.

**BOOK REVIEW:**

Quilting With My Sister

By Barbara Brandenburg & Teri Christopherson

I would have to call this book "delightful". It is a happy, lively book filled with piecing and applique. Included are basic quilting instructions and directions which I always read ... just because!

This book contains great designs from easy wool applique to more challenging piecing. The authors use bright clear colors, but of course, color is a personal choice and, I know, I would use my own palette.

There is a lot of versatility presented here. There are some terrific children's and baby quilts; holiday quilting is well presented; and the color diagrams and patterns are clear and specific.

This book was written by two sisters who come from a family of quilters and intend to pass their wonderful tradition on to us.



Submitted by Joan Cohn

**FRIEND US!**

QGbtS now has its very own **FACEBOOK**.

Send in your pictures, comments, etc. to Joanne Miller at:

[Barniesmom123@gmail.com](mailto:Barniesmom123@gmail.com)



**CONGRATULATIONS TO THE WINNER OF THE ASIAN BEAUTY QUILT:**

**Winner: Pat Lynes**





**"GOLDEN GLITTER" HOLIDAY QUILT**

The **"Golden Glitter"** quilt is our holiday fund raising quilt.

Ticket sales will be on sale beginning at our September Guild meeting and will be raffled at the the December meeting.

**1 ticket** for \$1.00

**6 tickets** for \$5.00





## **BLEEDING FABRIC**

Courtesy of Quilting Board

### **Does Your Fabric Bleed?**

Even if you purchase first quality quilting fabric there is still a chance that deeper colored fabrics will contain excess dye. That excess dye will bleed onto other areas of the quilt when the quilt is first washed. This is especially noticeable when a very deep color is placed next to a very light color such as a red and white quilt.

Bleeding fabric is one of the issues present that necessitates pre-washing fabric. If you wash fabric before you cut it you will be aware of which fabrics bleed and which ones don't. I have found that deep pink or red fabrics bleed excessively, also dark blue and black fabric. It may be certain dyes are needed for these colors or these colors simply need a lot of dye in order for the fabrics to be the correct color.

### **What you can do to prevent bleeding**

There is a product available called Shout Color Catcher. It "absorbs and traps loose dyes to help keep colors vibrant". They are small sheets that can be tossed in the wash and rinse cycle to trap and absorb dyes. They are safe to go through the [dryer](#). The sheets are only good for one use and should be discarded. A box of 24 Shout Color Catcher sheets is available in the laundry section of your grocery store approximately four dollars.

A similar product is called "Dye Magnet". These products are similar although we have found the Shout Color Catcher to be more readily available in some areas than the Dye Magnet.

Recently, I have had two different red and black printed cuts of fabric bleed extensively. I simply placed the new fabric in a basin of warm water with a small amount of liquid laundry detergent. Within two minutes the water was the color of black cherry gelatin. I continued to rinse this fabric in fresh soapy water. I put it through at least ten water baths in the basin before the water ran "clear" so I could rinse and dry the fabric. The same process was repeated with the second piece of fabric. The actual color in the fabric is still very strong so it did not lose needed dye, it simply lost excess dye. If I had not pre-washed this fabric the white fabrics in my red, black, and white quilt would have turned pink.

There is a product available at the quilt store that can be used to contain bleeding and dye migration in cotton quilting fabrics. One of them is Synthrapol. Synthrapol is used to suspend and



**BLEEDING FABRIC (continued)**

carry excess dye from the cotton fiber. It removes unfixed or unattached dye and keeps it from redepositing on other areas of fabric. Synthrapol recommends that you use this product to remove excess dyes from quilt fabric. It works similarly to Color Catcher.

I made a red and white quilt. Even though I had pre-washed the fabric, there was still some excess red dye that migrated to the white areas. I could wash the quilt again using Synthrapol. It would take away the migrating excess red dye and keep your white areas from being pink. I did use the Color Catcher product and it worked fine. The Color Catcher sheet turned light pink and the pink color was gone from the white areas.

I pre-wash all fabric and backing before cutting and one of the main reasons is pre-washing insures colorfastness. If a fabric bleeds too much it can be treated with one of the above products or it can be discarded before using it in a quilt. Choosing to eliminate a fabric might be a good decision rather than worrying about possible dye migration later when the quilt is finished and laundered. After a fabric is sewn in a quilt it can easily bleed onto other fabrics.

**How I handle my new fabric**

I wash all my fabric before it enters my quilting studio. When I purchase new fabric, I take it to the laundry room where I have a pinking rotary cutter, mat and ruler available. I trim all cut edges with the pinking blade. This keeps a lot of those strings from forming along the cut edge of the fabric.

I always pre-test dark fabrics in a small basin of water for bleeding. Fabrics in the red family tend to bleed the most, followed by black and other very dark fabrics. Once I see a fabric is not bleeding, I place them in the washing machine on a gentle cycle and cool water. I always wash dark fabrics separate from light fabrics.

If I plan to press my new fabrics, I dry them in the [dryer](#) on low until slightly damp. Then press them as needed. If I don't dry more than 5-6 yards of fabric at one time they come out of the [dryer](#) with less wrinkles. If I am not planning to press them, I leave them in the dryer until they are completely dry. I seldom press the larger pieces until I am ready to cut them.





**BLEEDING FABRIC (continued)**

If the fabric pieces are very small such as fat quarters or fat eighths, my favorite method is to clip them to a pants hanger. Swish them in a basin of warm soapy water. Then I hang them to drip dry. They are smooth and nice and are not twisted or tangled. I almost always press my fat quarters and fat eights but if I wash them by hand they are not extremely wrinkled.

Always make sure your fabric is completely dry before putting it in any type of [storage container](#). I usually leave mine out on the table for several days to be sure. Then I add it to my stash.

Washing fabric before using will insure that you will know which ones are bleeders and can treat them accordingly saving you a lot inconvenience when laundering later.

**Subscriber comments:**

When washing long runs of fabric, if you will accordian fold fabric into 1/2 or 3/4 yd. length, then safety pin the selvedge edges every 5-6 inches then wash it. Take hold of the selvage pinned edge and snap the fabric to straighten, then put in [dryer](#). When it comes from [dryer](#), give it another shake. It dries almost as smooth as when it came from the store. Just clipping off each corner at the selvedge keeps the raveling to a minimum and for those of us who do not wash everything, it is an easy way to know if the fabric has been washed or not. I read this someplace and have done it this way for many years. It works beautifully.

Rachel

**ICE DYING IN NORTH CAROLINA**

**from Deb Shoemaker**

Sarah Crew and I had our own retreat in North Carolina. During our visit, we had a fabulous time with my daughter, her friend, and another quilter, teaching them the technique of Ice Dying. These were the results.







ICE DYING IN NORTH CAROLINA





SHOW AND TELL—SEPTEMBER

September 2: National Bacon Day

September 3: Sky Scrapper Day

September 4: Labor Day

September 6: Read a Book Day

September 9: Teddy Bear Day

September 10: Grandparents Day

September 10: Sewing Machine Day

September 11: 911 Remembrance Day

September 13: Uncle Sam Day

September 16: National Play Doh Day

September 17: National Women's Friendship Day

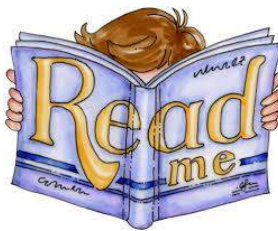
September 21: International Peace Day

September 22: Native American Day

September 23: Oktoberfest

September 28: National Good Neighbor Day

September 30: National Mud Pack Day



"WHEN YOU FIND  
**PEACE**  
WITHIN YOURSELF,  
YOU BECOME THE KIND  
OF PERSON  
WHO CAN LIVE AT  
**PEACE**  
WITH OTHERS."





**CLASSIFIED**

**Just Imagine Quilts**

Custom  
Longarm Quilting

◆ ◆ ◆ ◆ ◆  
H. 561.470.6219  
C. 561.756.1090  
dottylevine82@yahoo.com

**Dotty Levine**

10351 Sunset Bend Drive  
Boca Raton, FL 33428



**LINDA ADAMCIK**  
561-790-1009 H  
561-310-1363 C  
QUILTINGQUEEN@ATT.NET



**LONGARM QUILTING**



To schedule your quilt for machine quilting  
please contact Linda



**StitchCraft**  
creative quilting & sewing

399 S. Federal Hwy. tel: (561) 447-4147  
Boca Raton, FL 33432 info@stitchcraftboca.com  
www.stitchcraftboca.com

Ronnie Luber

23371 Blue Water Circle, C120

Boca Raton, Fl. 33433

Custom Quilts

Antique Quilts Repaired, Restored

561-495-9859 561-212-9762

**Sew Much Fun**

Brother Sewing & Embroidery Machine Dealer  
Individual & Group Sewing  
Classes for adults & kids  
Fashion Fabrics & Notions  
Expert Alterations  
Embroidery Services  
Machine Repair & Scissor Sharpening  
Boca Valley Publix Plaza  
7491 N. Federal Hwy, Boca Raton, FL 33487  
561-999-9992 www.sewmuchfunandmore.com

**B & J Quilting, LLC**

**Jo and Billy Wiley**



3065 Eagle Drive  
Delray Beach, Fl. 33444  
561-272-0458

bjquilting@att.net  
on Facebook B-J-Quilting-LLC



**CLASSIFIED**

**FOR SALE: BERNINA 440QE**

Bernina 440QE sewing machine and all of its accessories for sale. The particulars are: Bernina 440QE with BSR, Walking Foot, Accessory Box, Manual and hands-free lift bar. I am asking \$850.00.

Please contact Melinda Schwartz at [561-498-0379](tel:561-498-0379) or email [melindaschwartz83@gmail.com](mailto:melindaschwartz83@gmail.com).

