

Fabric Requirements for *Bear Hugz*

Finished Size May Vary		Baby Quilt 55" x 55"	
Blocks		9 Blocks	
		3 x 3	
	Cream/Light Background	1 ¼ yard	
Appliqué Fabric & Sashing & Corner stones		¾ yard for each color (need 5 colors)	
	Black Appliqué Fabric	1 fat quarter	
17" Wide Tear-Away Stabilizer (optional)		1 yard	
17" Wide Paper-Backed Fusible Web (light)		1 yard	
	Border (2½")	½ yard	
	Border (4")	½ yard	
	Binding (2½")	½ yard	
	Backing	2½ yard	
	Batting	60" x 60"	

Fabric is calculated on 40" Width **Of** Fabric, **WOF**.

- Basic sewing supplies, sharp scissors and a pencil.
- Rayon thread or any machine embroidery threads.
- Rotary cutter, 12½" square, and a 6½" square.

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Bear Hugz Machine Appliqué



55" x 55"

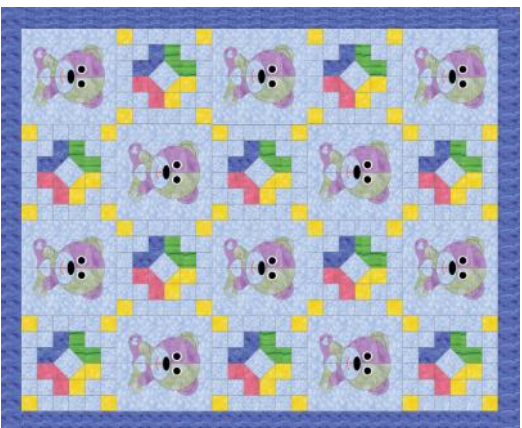


Bear

By Mary Tabar

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Ideas



54" x 66"



42" x 54"

Patterns from Snip & Flip



Bear Hugz

55" x 55"

Please read all steps and directions.

Snip & Flip is a fast, fun technique that creates complex-looking designs using positive and negative space. We are fusing, cutting, arranging, and appliquéing shapes to a background. Once you learn the technique you can create any of the Snip & Flip designs. Experiment with different layouts.

The following directions are for the quilt pictured on the cover, consisting of 9 blocks, five appliqué and four pieced blocks. For this project choose 5 coordinating colors for the appliqué and pieced blocks. Background fabrics choose one light fabric.

Cutting

Appliqué Fabrics. Roughly cut **five** 8½" x 9½" rectangles from the appliqué fabrics from each appliqué fabric color. Cut from black scraps, eyes and nose. Cut from brown print scraps bear paws.

Paperbacked Fusible Web. Roughly cut **five** 8½" x 9½" rectangles of fusible web for appliqué. Cut one 8½" x 8½" square for eyes, nose and bear paws.

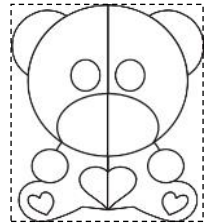
Background Fabric for appliqué. Cut **five** 12½" x 12½" squares from light fabric.

Pieced Blocks. Cut from **light** fabric sixteen 2" x 5¾" rectangles, cut eighty 3" squares. Cut from **colored** fabric sixteen 4" squares, and sixty four 3" squares. Cut from scraps four 2" squares for center of block.

Tracing and Fusing the Patterns

Trace Pattern Blocks. Using a pencil, trace onto the paper side of the fusible web all solid lines, from the enclosed pattern. Trace **three** times. Trace eyes, nose, and bear paws separately.

Fuse. Following manufacturer's directions for your fusible web, fuse the 3 traced patterns to the **back** of 3 appliqué fabric rectangles. **Fuse** 2 untraced fusible web rectangles to the **back** of the remaining two appliqué fabrics. **Fuse** eyes, nose, and bear paws to desired fabrics.



Trace

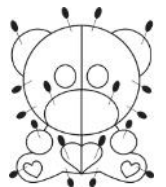


Fig. 1

Pairing and Cutting the Appliqué Fabric Shapes

Pair. Each traced appliqué rectangle with an untraced appliqué rectangle. For example the blue and green together. Pin together on the traced side of the rectangles as shown in Fig. 1. You will have two pairs and one single bear.

Tip: You can remove the whole sheet of paper backing of the untraced fusible web before cutting out shapes.

Cut. Using sharp fabric scissors (using a rotary cutter for the center is an option), cut out shapes on all lines as shown below in Fig. 2 thru 4.

Repeat to get a total five bear appliqué.

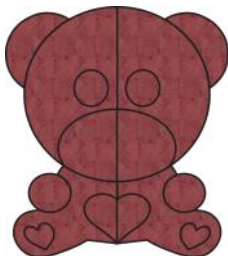


Fig. 2

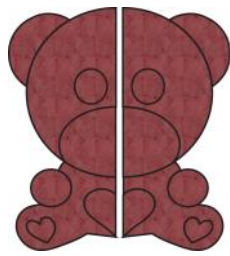


Fig. 3



Fig. 4



Discarded pieces
Paws, Hearts and muzzle
are optional

Fig. 5

Organize. Sort all cut pieces by shape.

Designing The Blocks

This is where the fun begins! Mix and match shapes by using colors where you like.

1. **Prepare background Squares.** Crease vertically all 12½" appliqué background blocks (Fig. 1).
2. **Remove paper** from the fusible web on the back of the appliqué for each shape.
(*Tip: use a pin to score paper for easy removal*)
3. **Align** head pieces of the appliqué 1¾" from top of the background as shown in (Fig. 1).
4. **Align** ears and muzzle pieces of the appliqué onto background as shown in (Fig. 2).
5. **Align** body pieces of the appliqué onto background as shown in (Fig. 3).
6. **Align** bear paws and heart pieces as desired onto background as shown in (Fig. 4).
7. **Align** eyes and nose pieces of the appliqué onto background as shown in (Fig. 5).
8. **Repeat** steps 3 thru 7 for each color to create 5 blocks.
9. **Fuse appliqué pieces.** After you have designed all the blocks and are satisfied with how they look, fuse the appliqué pieces to the background by pressing with a hot iron, following the directions of the manufacturer for your particular brand of paper-back fusible web.
10. **Machine** appliqué and machine embroidery (Fig. 6).

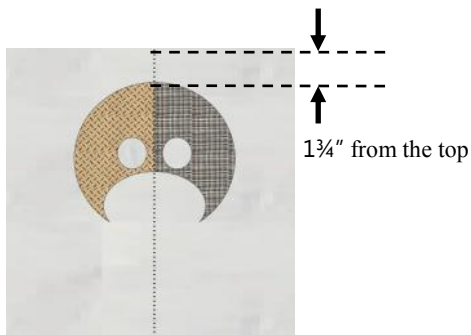


Fig. 1

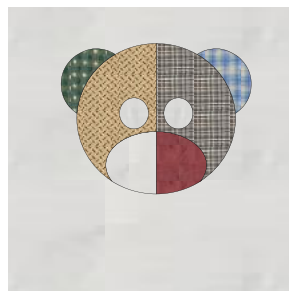


Fig. 2

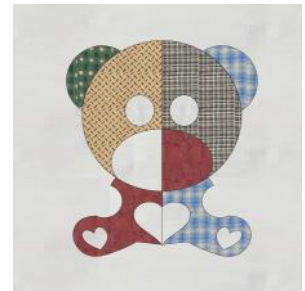


Fig. 3



Fig. 4



Fig. 5



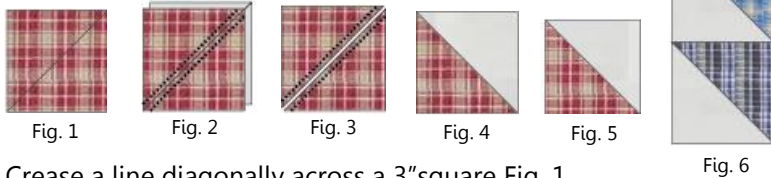
Fig. 6

Machine Appliqué

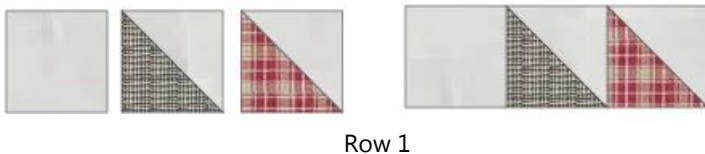
Machine appliqué the blocks before assembling the quilt. Use heavier thread such as 30wt-40wt embroidery thread with a size 14 needle for decorative look. Thread that matches your fabric, contrasting thread, or invisible thread are all good choices, depending on the look you choose. Different stitches work equally well for machine appliqué. Such as a close zigzag stitch, button hole, or other decorative stitch. Another option is to simply use a straight stitch along the edge of the appliqué. Always experiment on a piece of scrap fabric first, to see which thread and stitch work best. Lightweight interfacing or tear away stabilizer on the back of the blocks may be needed, depending on the stitch selected and the weight of the background fabric. You will know if you need a stabilizer if you have puckering on the background fabric. 90% of the time I use a method of stabilizing. Another option for stabilizing is to use full strength liquid starch (STA-FLO). Brush it on and let air dry. This will make your fabric very stiff. Another product option is "Terial Magic", stabilizing fabric spray. Gently wash after using these two types of stabilizers.

Pieced Bear Paw Blocks

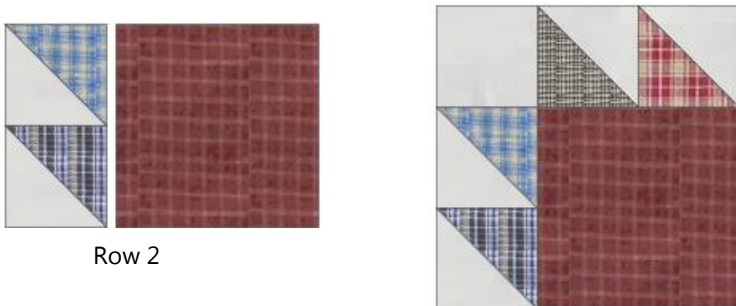
Make diagonal half squares



1. Crease a line diagonally across a 3" square Fig. 1.
2. Sew $\frac{1}{4}$ " on either side of the creased line Fig. 2.
3. Cut the square in half on the creased line Fig. 3.
4. Open and press, you now have two diagonal half squares Fig. 4.
5. Trim to $2\frac{1}{4}$ " squares Fig. 5.
6. Repeat steps 1-5 one more time Fig. 6.



Row 1



Row 2



Fig. 7

1. Sew two diagonal half squares and a light $2\frac{1}{4}$ " square to make row 1.
2. Sew two diagonal half squares and a colored 4" square to make row 2.
3. Sew row 1 to row 2 Fig. 7.
4. Repeat three times for each bear paw block.

Assemble Bear Paw Block



Fig. 8

1. Sew two bear paw units to either side of a 2" x $5\frac{3}{4}$ " rectangle Fig. 8.
2. Sew the 2" center square between 2" x $5\frac{3}{4}$ " rectangle Fig. 8.
3. Sew remaining two bear paws on either side of a 2" x $5\frac{3}{4}$ " rectangle Fig. 8.



Fig. 9

1. Sew all rows together Fig. 9.
2. Repeat three more times for a total of four blocks.
3. Bear paw block should measure **exactly** $12\frac{1}{2}$ ".
Sewing a narrow $\frac{1}{4}$ " seam helps.

Quilt Assembly

Sashing, Cut: 24 pieces, 2½" x 12½".

Corner Stones, Cut: 16 pieces 2½" x 2½".

Bear Paw corners, Cut: make four units.

Border1, Cut:

4 pieces, 2½" wide x **Width Of Fabric, WOF.** (piece together to fit your top, bottom, left, and right side of quilt).

Border2, Cut:

4 pieces, 4" wide x **Width Of Fabric, WOF.** (piece together to fit your top, bottom, left, and right side of quilt).

Binding, Cut: six pieces 2½ wide.



Quilt assembled

Assembly

1. Sew four corner stones to three sashing to make four rows.
2. Sew vertical sashing to blocks to form three rows.
3. Sew rows together as shown in diagram.
4. Sew border 1 to border 2 four times.
5. Sew bear paw corners to top and bottom borders.
6. Sew side borders to quilt.
7. Sew top and bottom borders to quilt.
8. Sandwich quilt top, batting and backing, and baste the quilt.
9. Quilt and bind.