

## ALTERNATIVE COMFORT BEAR AND CHILD MASK INSTRUCTIONS:

### FITTED CLOTH MASKS PATTERN INSTRUCTIONS Small Kid (3-6 years old) - Young (7 to 12 years old)

#### Pattern

- Make a photocopy for each mask size you want of the <http://www.craftpassion.com/?p=26304> paper pattern.
- Add ¼ inch seam allowance all around for each mask size.
- Glue each paper pattern on file folder board and cut along your new outside line. This stiff pattern will make it easier to trace on the fabric.

#### Cutting

For each mask you will need:

- 2 fabric pieces for mask front (right and left side)(based on mask pattern size)
- 2 muslin or fabric pieces for mask back (right and left side) (based on mask pattern size)
- Make sure that the fabric pieces are right sides together. If the fabric is directional both pieces go in the same direction, and the right side is up so you don't have the left side of the mask with a flower going up and the right side with a flower going down.
- Trace you pattern of each set of fabric.
- Add additional ¼ inch on the cheek side near the ear as you will make a single layer fold over hem to slide in an 1/8 inch elastic loop.
- Cut along edge of your marking line

#### Piecing

- Top of mask - Layer the fabric pieces right sides together. Sew front pieces at the long curved center edge using 1/4" seam. Finger press seam to one side.
- Back of mask - Layer the muslin or fabric pieces right sides together. Sew back pieces at the long curved center edge using 1/4" seam. Finger press seam to the opposite side of the fabric pieces you just sewed.
- Mask assembly - Place sewn front and back mask pieces together, right sides together "nesting" that center seam (at one edge pin the top seam to the left and the back seam to the right, doing the same at the other end, so you don't sew thru 2 seam allowances, eliminating the bulk). Seam together 1/4" from edge the top and bottom raw edges. Leave the sides open. Turn inside out and press finished piece.
- Finishing/Elastic - Finish off both raw edge sides with zigzag. Mark line 1/2" from each end on the raw edge sides. Fold on the line with raw edges toward the muslin side of mask. Sew hem right on edge of zigzag, leaving a 3/8 inch space between fold and seam line, stay stitch start and end of stitching.
- Cut 2 pieces of 1/8" elastic 9 ½ inch in length. Pass elastic through hem leaving even tails on each side. Tie both elastic ends together with a loose know leaving a 1" tails. Repeat for the second side. The knots can be retied when the child tries the mask on.

