

August 2013

**VOLUME 3, ISSUE 8** 



#### Tuesday, August 13, 2013

To be held at:

Grace Community Church 600 W. Camino Real,

Boca Raton

Time: 10:00AM — 12:00 PM

#### **Program:**

- Star Challenge Reveal
- The Quilt Doctors are in; bring your boo boo's, challenges and problem projects
- Show & Tell
- Fat Quarter: Stars

# AWARENESS SHEET MANAGEMEN AND STATE AND STATE

#### **VOLUNTEERS NEEDED**

QGbtS is in need of volunteers for the following positions:

- Recording Secretary
- Local Longarm Quilters

#### PRESIDENT'S LETTER

As I was paging through one of my quilting magazines several weeks ago, I came upon a sweepstakes entry for a quilting studio. Of course I had to enter it immediately. I started dreaming and thinking of my "ideal" studio. How wonderful would it be to have a state of the art studio, as seen in the magazines.

Everything neat, with a place for everything and everything in its place. All fabric, thread, notions neatly labeled so that you could immediately put your hand on whatever it was you needed.

Of course, if I were ever lucky enough to have one of these studios, it wouldn't stay neat long. Give me five minutes...half day at the most...and it would be chaos!





I would have fabric everywhere and snips of thread and scraps of fabric scattered all over. My studio would look like this.

How do I know? Well, that's what my studio looked like right after I finished my star challenge.

I have now cleaned it up and reorganized everything before I start my next project. It

won't stay neat for too long. A few days into my next project, and it will be chaos once again. Of course, *I know* where everything is and can put my hand on it immediately, but I defy anyone else to do that.

I converted one of my bedrooms into my studio. One whole side of the room is closets with shelves for storage, fabrics, and books and I made a cutting table from Ikea components. It's a comfortable place to work and best of all, I can close the door when I leave, and no one ever knows how messy it is in there.

Continued: Page 2



#### **CURRENT OFFICERS:**

#### **President:**

Sarah Crew (561-620-2856) <a href="mailto:crewhawken@aol.com">crewhawken@aol.com</a>

#### **Vice President:**

Dolly O'Shea (561-391-9368)

<u>DollyOShea@comcast.net</u>

#### Treasurer:

Lee Hasse(561-392-6866)
<a href="mailto:lmhasse@hotmail.com">lmhasse@hotmail.com</a>

#### **Membership Director:**

Ellen Heckler (561-245-8280)

<u>Ellen.Heckler@gmail.com</u>

#### **Program Director:**

Diane Provost (561-409-3114)
paquinprovost@gmail.com

#### **Publication Director:**

Deb Shoemaker (954-629-1720)

DebShoemaker22@gmail.com

#### **Travel Event Specialist:**

Dodie Watson (561-433-3941) DodieWatson@att.net

#### **President's Letter (continued)**

But I can dream of neat, ideal studios like these, can't I?



Ouilters are artists, and as such we need a place to create. Where do you quilt? Is it a nook you have carved out of some space in your kitchen, bedroom, family room, or your dining room table? Where do you store your fabric; in boxes

under your bed? Or do you have a studio just for quilting?

I'm sure each of you all have created your own "special" space just for quilting and have tips and ideas that would aid all of us with ours.

Most of you are far more experienced quilters than I and have many tips and ideas that would make our quilting lives easier. I would love to hear each and every suggestion and/or tip that you have. I'm sure all of us would.

We are adding a new column to our newsletter. It will be titled "Tip of the Month".

"Tip of the Month".

Please send your tips
and pictures, when possible, to Deb Shoemaker

(debshoemaker22@gmail.com). Each month she will print one of our tips in this column. This is an exciting new feature of our newsletter, and you, our members will make it successful. Thanks for your help, and I look forward to learning many new things in the coming months.



#### WHAT IS THE DIFFERENCE BETWEEN QUILTING AND EMBROIDERY THREADS?

A generation ago, there were very few thread choices. It was almost as if one type of thread was used for every project, whether that was piecing, quilting, clothing construction, upholstery, and so on. Times have changed and much better quality products are available today. Thread has become more specialized to enhance and improve our sewing projects.

There are differences between quilting, embroidery, bobbin, applique, serger, upholstery, and construction threads...we will discuss the differences between quilting and embroidery threads...



#### **QUILTING THREADS:**

The most common quilting threads are cotton and polyester. If you have heard "don't use polyester in your quilt because it will tear the fabric" that is the biggest myth in the quilting world.

#### **COTTON THREADS:**

Low quality. Short staple cotton. If the label does not specify the staple length, most likely it is a short staple. Companies do not print "short staple cotton" on the label ...

#### **MEDIUM STAPLE QUALITY:**

Long staple cotton.

#### **HIGHEST STAPLE QUALITY:**

#### **Extra-long staple Egyptian-grown cotton:**

99% of cotton products labeled as Egyptian cotton are lying. Egypt does not grow enough cotton to make all those "Egyptian cotton" bed sheets, towels, clothes, and threads. In fact, Egypt grows less that 1% of the worlds cotton. Countries such as Greece, Mali, and Syria grow more cotton



than Egypt. So why is the term "Egyptian cotton" so coveted? Egyptian cotton is the best grade and most manufacturers want the label on their cotton products, whether honest or not ... As far as I can discern, Superior is the only thread company that can honestly say "Extra-long staple Egyptian-grown cotton". We buy our extra-long staple cotton in Egypt and turn it into King Tut and Masterpiece threat.



A term printed on the label ... It tends to divert your attention from the fact that it is not Extra-long staple Egyptian grown cotton. Mercerized cot-

ton is a good thing and nearly all cotton thread is automatically mercerized during the production process. Whether the label states mercerized or not, it probably is.



#### **POLYESTER THREAD FACTS:**

**Spun Poly** is a less expensive grade of polyester threads. It has a fuzzy appearance similar to cotton and produces some lint when sewing. It is primarily used for clothing construction, including serger thread. It is stronger than comparable weight cotton thread. Our spun poly quilting thread is **Poly Quilter**, a #30/3-ply variegated thread which is in the heavier thread category. Our new Tailor Made thread is also spun poly and recommended for clothing construction and serger applications, not quilting.

**Multi-filament polyester** is smooth, lint free, and stronger than spun poly. It is more expensive ... and is a much cleaner thread, meaning very little or no lint. Threads in this group are Bottom Line, So Fine #50, So Fine #40 (variegated), and So Fine #30.

**Trilobal multi-filament polyester** has a nice sheen. Traditional trilobal poly is not as strong as regular multi-filament polyester, but a new HTT (High Tenacity Trilobal) polyester has recently been developed.

Trilobal poly characteristics include brightness/high sheen, strength, color fastness, controlled elongation (stretch), high durability ..., and virtually lint free. **Magnifico**, **Fantastico** (variegated) and **Twist** are HTT threads.

**Poly-wrapped poly core** thread is made with multi-filament polyester thread core and then wrapped with a spun poly thread. The appearance is like cotton due to the outer spun poly wrap, but it has the strength of multi-filament polyester due to the inner core. It is less expensive than a 100% multi-filament poly thread. **Omni** is poly-wrapped poly core

#### **Embroidery Thread:**

Embroidery threads usually have a looser twist than quilting threads. The tighter the twist, the less the sheen. Depending on the machine and embroidery speed, embroidery threads may not require the strength of a quilting thread. Most embroidery threads are two-ply to preserve the high sheen...

#### Rayon:

thread.

Traditionally, the most common embroidery threads have been rayon. Rayon is half natural/half manufactured fiber with a beautiful sheen. The problems with the rayon threads are twofold; most rayon is not colorfast, and rayon is a weak fiber...

#### **Polyester:**

For a high sheen look, the best thread for embroidery is trilobal polyester or HTT (high tenacity trilobal poly). These polyester threads have a sheen that is equal to that of rayon, are stronger, and are color fast. HTT poly is much stronger than regular trilobal poly.

#### Is there a thread that is suitable for both quilting and embroidery?

Many threads can be used for both. It depends on what look you want to obtain in your project. Some people embroider with cotton because that is the look they want. Some quilt with poly because they like a high sheen thread or a strong, very fine thread. If you want both high sheen and high strength for both quilting and embroidery, the best choice is HTT polyester such as Magnifico and Fantastico. These are like hybrid threads, combining two features into a single thread...

Courtesy of Superior Thread Newsletter



#### August 8, 2013

• Red Door Workshop

#### August 13, 2013

• **Guild Meeting:** Star Challenge Presentation

 Problem Clinic: Bring your-Boo-boo's or work that you need assistance with

Fat Quarter: Stars

#### August 20, 2013

 QOV Workshop: Location change: Boca Raton Library on Glades Road & 95th Street. (No food allowed).

#### **September 10, 2013**

 Guild Meeting: Back to School; 4 new tricks and fun patterns

Fat Quarter: Autumn

#### **September 12, 2013**

Jelly Roll Race

#### **September 17, 2013**

Japanese Folded Patchwork
 Workshop by Diane Provost

#### September 24, 2013

 QGbtS Board of Directors meeting

#### **UPCOMING WORKSHOPS:**

#### **Red Door Workshop**

Date: August 8, 2013

Location: Lincolnwood Clubhouse

Time: 11:30AM-4:00 PM

Fee: Free

#### **QOV Workshop**

Date: August 20, 2013

Location: Boca Raton Library (Glades Road & 95th Street)

Time: 10:00AM-3:00 PM

Fee: Free

#### Jelly Roll Race

Date: September 12, 2013

Location: Lincolnwood Clubhouse

Time: 10:00 AM-3:00 PM

Fee: Free (limited space; register early!)



#### **Japanese Folded Patchwork by Diane Provost**

Date: September 17, 2013

Location: Lincolnwood Clubhouse

Time: 10:00 AM-3:00 PM

Fee: \$30.00







#### **EVENT CALENDAR:**

#### October 8, 2013

#### **Guild Meeting:**

- Halloween Party; fully or partially costumed
- Quilto (participation with donations of non-perishable canned foods or cereal)
- Show & Tell
- Fat Quarter: Foods

#### October 30, 2013

Halloween Special! Spider
 Quilt Workshop by Diane
 Provost

#### **November 12, 2013**

#### **Quilt Guild Meeting:**

- Build-A-Quilt presentation
- Block of the Month presentation
- Fat Quarter: Sewing Motif

#### November 13, 2013

Workshop: "Turned Back Posey" by Dorothy McDonnell

#### December 10, 2013

#### **Quilt Guild Meeting:**

- Betty & Marcia Leighton "Fun with Yo-Yo" presentation
- Show & Tell
- Fat Quarter: Dots

#### Halloween Special!

#### Spider Quilt Workshop by Diane Provost

Date: October 30, 2013

Location: Lincolnwood Club-

house

Time: 10:00 AM-3:00 PM

Fee: \$25.00



### Turned Back Posey Quilt Workshop by Dorothy McDonnell (No

curved sewing ... only straight lines!)

Date: November 13, 2013

Location: TBA

Time: TBA

Fee: \$35.00



#### Fun with Yo-Yo's Workshop by Betty & Marcia Leighton

Date: December 10, 2013

Location: TBA

Time: 1 PM-5:00 PM

Fee: \$45.00

#### Mosaic Quilting Workshop by Charlotte Noll

Date: January 15, 2014

Location: TBA

Time: TBA

Fee: \$35.00



#### January 14, 2014

#### **Quilt Guild Meeting:**

Charlotte Noll trunk show

#### January 15, 2014

 Mosaic Quilting Workshop by Charlotte Noll

#### February 2014

Guild Meeting:

 Hilia Ricci presentation "How to prepare a quilt for a long arm quilter & why".

#### WELCOME

#### TO OUR NEW MEMBER:

Jean Duffy

### IS SOMEONE WEARING A FLIP FLOP PIN?

If someone at the guild meeting is wearing a quilted flip flop pin, introduce yourself and give them a warm welcome. New members will



wear these cute pins to identify themselves to other members.

### DID YOU WEAR YOUR NAME TAG?

#### **DRAWING WINNER:**

Janet Eckard

#### **KUDOS KORNER**



#### **QUILTS OF VALOR**

- Thank you to our members who have so graciously donated their time and fabric to Quilts of Valor.
- Thank you to Stormy Schevis for her donation of 2 bolts of QOV fabric.
- Keep the Quilts of Valor blocks coming.
- Quilt blocks, 10 1/2 x 10 1/2 are needed for the QOV workshop on August 20th.
- We can always use Red, White, and Blue fabrics, and finished blocks are always welcome. Please bring your donations to any meeting.
- Your participation in this program is appreciated by our soldiers.

#### **RED DOOR PROJECT UPDATE**

- We continue to have an overwhelming response to the Red Door Project.
- We have had several more donations of fabric, quilt tops, blocks and batting.
- Thank you Diane Provost, Deb Shoemaker, Sarah Crew, Jackie Earley, Linda Nesbitt,, and Paula Harris for your donation of fabrics for the Lasagna quilts.
- Thank you to Linda Adamcik for quilting some of our Red Door quilt tops and Ellen Heckler for completing quilts with quilt labels.

Join us for the upcoming Red Door Workshops. They will be held on August 8, and September 6, from 11:30 AM-4:00 PM.

Location: Lincolnwood Clubhouse

There is something to do for everyone!





#### CHILDREN OF THE SEA— MOONLIT SKY



This is a beautiful starry night sky scene in white, lilac, Marine blue, Navy and Midnight blue. Astronomers and star lovers will love this print of full moons and bright stars. Moons are about 9/16". From the "Children of the Sea" Collection by Elizabeth Studio.

#### IT'S A BEE!!!

Information submitted by Kathy Radosh

The Bee's below are open to new members:

#### **Central Boca Bee**

Place: Lincolnwood Club House

Time: Friday, 10:00 AM-2:00PM

Contact: Sarah Crew via email <a href="mailto:Crewhawken@aol.com">Crewhawken@aol.com</a>

Note: Lincolnwood Bee will meet on the following Fridays: August 2, and August 23.

#### South Guild (aka Snowbird Bee)

The Snowbirds have flown north for the summer. The Snowbird Bee will resume in the fall.

**Hand Applique Bee:** The Hand Applique Bee is **full.** Please contact Joan Cohn via email Cohn666@aol.com or 561-998-1986 to be added to a waiting list.

#### **FAT QUARTER OF THE MONTH**



#### **DRAWING WINNER:**

Carol Filipek (friend of Linda Adamcik)

#### **2013 QUILT CHALLENGE GUIDELINES**

Theme: Galaxy of the Stars

Size: Any size up to twin

- Must be a pieced project
- Must have a 4" hanging sleeve on the back
- Deadline is August 13, 2013
- Must be accompanied by a 3"x5" card
   with your name, name of quilt, and any other description
- Your name must be on the back of your project
- Prize: \$25.00 gift certificate. Pieces will be judged at the October 2013 guild meeting by the members.

For additional information, contact Janet Eckard via email:

janeteckard42@yahoo.com





We have wonderful books. Take the opportunity to look through or borrow a book, DVD, or magazine that interests you.

All books must be checked out and returned at the next Guild Meeting. Late fees will be charged when applicable.

Late fees for DVD's will be \$3.00 for the 1st month and \$5.00 for each additional month.

Thanks to all who have donated!

Guild Librarians:

Joan Cohn & Elaine Greenberg

Library Hours: 9:30—10:00 AM during every Guild meeting.

#### **A Quilting Evolution**

Quilters as well as all those who enjoy the beauty of quilts will love the exhibi-



tion at the Cornell Museum of Art & American Culture. The exhibition is presented in partnership with the Gold Coast Quilters Guild (GCQG).

The exhibit includes 80 to 100 traditional and art quilts. These quilts are hand or machine pieced and quilted, embroidered, thread painted, appliqued and embellished illustrating the wide range of techniques that exist in quilting today.

Location: Cornell Museum of Art & American Culture at the Old School Square, Delray Beach

Date: open until September 29, 2013

Time: Tuesday-Saturday, 10 am – 4:30 pm; Sunday, 1-4:30 pm; closed Mondays and major holidays

Admission: \$10 general; \$6 seniors & students with ID; \$3 ages 4-12; free for ages 3 and under.



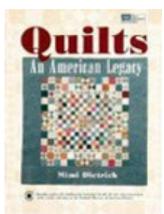
### LIBRARY INDEX NOW AVAILABLE

Take a look at the index of books found at the end of the newsletter. The QGbtS index will be updated quarterly.

Thank you Joan for compiling this list.

### Quilts, An American Legacy Mimi Dietrich

Mimi Dietrich is truly one of the great American quilters. She seems to put her heart and soul into each of her books. This book exemplifies the American quilt. She touches piecing, applique and combinations of both. These quilts are interpretations of quilts showing in the Smithsonian Institution. I found it fascinating to compare the old quilts to her modern, and very doable, versions. Besides the pictures she has included fabric selection, tools and supplies,



basic quilting instruction, applique techniques and ways of finishing a quilt. She really holds your hands and walks you through the quilting process. I think it would be very exciting to remake a very old and beautiful quilt. It certainly would allow one to connect with a quilter from earlier days using our modern methods and fabrics. The stitches are the same.

#### **ANNUAL MEMBERSHIP DUES**

QGbtS annual membership dues for 2013 remain **\$30.00**.

# 'MEMBERSHIP HAS ITS PRIVILEGES'

Paid members of the QGbtS are eligible to:

- participate in Guild programs
- participate in workshops at a reduced rate
- receive monthly newsletter
- place ads in the classifieds.

Guests are welcome to attend our meetings with a donation of \$5.00 per month twice during a year.

For information, contact Ellen Heckler.

#### **MEMBERSHIP DIRECTORY**

Please submit any changes, additions or deletions to the online membership directory by August 15, 2013.

Changes should be sent to Ellen Heckler via email:

Ellen.Heckler@gmail.com

#### TREASURER'S REPORT

(7/31/2013)

Balance 6/30/2013 \$4,871

Income \$ 389

Expenses \$ 136

Balance \$5,124

Submitted by Lee Hasse,

Treasurer

#### "BIG BEE" PHOTO GALLERY







# QUILT RETREAT KENILWORTH LODGE SEBRING, FL. OCTOBER 9-11, 2013

QGbtS is proud to announce our first quilt retreat to be held at the historic Kenilworth Lodge in Sebring, FL. This is a newly refurbished inn that is on the National Historic Register.

The Lodge contains a large meeting room which will be set up with tables and chairs for our sewing purposes. The room will be available to us whenever we want and will be locked up when we leave.



We will bring whatever project we want to work on. In addition, a local teacher will show us a new and simple technique for making quilt blocks. We will also visit local quilt shops.

Cost: \$200 (double occupancy room, single room add \$70), Cost includes snacks and drinks for the 3 days. A \$50.00 deposit is required at the time of sign up. **Make checks payable to: QGbtS**.

Visit www.kenilworthlodge.com to see more information about the lodge.

For additional information contact:

Dodie Watson: Dodiewatson@att.net

Sarah Crew: Crewhawken@aol.com

#### **SIGN UP NOW!**

#### **Refund Policy:**

- Deposits are non-refundable.
- Payments are not refundable. Spaces can be resold through Dodie Watson to persons on her waiting list.



Dodie Watson, our Travel Events Specialist, has arranged with Katy Church, three bus trips with Adventurous Travel. Details below:

#### **Jacksonville Quilt Show & Deland Quilt Shop**

Date: September 27-28, 2013

Price: \$185.00

Payment due by August 24, 2013

Fee includes comfortable bus (driver's tip included), quilt show entry fee, double occupancy hotel, and scenic cruise. Snacks and fun and shopping at quilt shops along the way. Meals **NOT** included.

#### Holiday Getaway to Suwannee Valley; Trenton, Mt. Dora

Date: December 6—December 7, 2013

Price: \$198.00

Payment due by October 26, 2013.

Fee includes comfortable bus (driver's tip included) with snacks and loads of fun along the way, and double occupancy hotel. Meals are **NOT** included.

See historic, lighted, town decorated for the holidays!

#### **Refund Policy:**

- Deposits to all three trips are non-refundable.
- Payments are not refundable. Spaces can be resold through Katy to persons on her waiting list.
- Order of pick-up and drop-off to be determined by Katy Church.
- Checks to be made payable to Katy Church.

One of our Guild members coordinates trips and/or tours to various quilt-related events that are of interest to members. This is not offered through the Guild but as an outside interest that we present at our

meetings.



Build -A-Quilt: Block #7

#### **Cutting instructions:**

From 1 1/2" DARK strip, cut eight (8) 1 1/2" x 2 1/2" rectangles

From 2 1/2" DARK strip, cut four (4) 2 1/2" squares

From 2 ½" MEDIUM strip, cut sixteen (16) 2 ½" squares + sixteen (16) 1 ½" x 2 ½" rectangles

From 2 ½" BORDER strip, cut sixteen (16) 2 ½" squares.

From 2 1/2" BORDER strip, cut eight (8) 1 1/2" x 2 1/2" rectangles.



Refer to "Making Half-Square-Triangle" and pair four (4) 2 ½" BORDER squares with four (4) 2 ½" MEDIUM squares. Sew the pairs together to make 4 BORDER/MEDIUM HST.

Sew one (1) DARK rectangle and one (1) MEDIUM rectangle, right sides together, lengthwise. Press the seam toward the MEDIUM. Repeat to make two (2) units.

Sew one (1) BORDER rectangle and one (1) MEDIUM rectangle, right sides together, lengthwise. Press the seam toward the MEDIUM. Repeat to make two (2) units.

Lay out one DARK 2  $\frac{1}{2}$ " square in the center and the other units around it using the diagram as reference. Sew the pieces in rows and then sew the rows together to complete the block.













Repeat 3 times to make 4 identical 6  $\frac{1}{2}$ " x 6  $\frac{1}{2}$ " unfinished blocks

Identify these blocks as #7



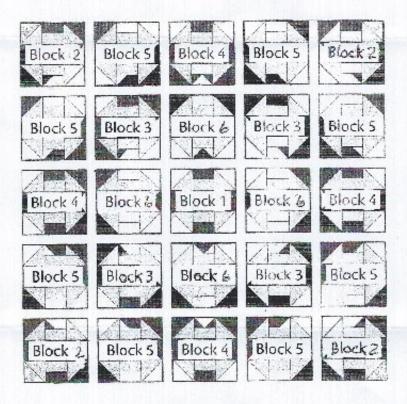
Happy Piecing! SOUTH SOURCE SURFACE AND A COMPANIES LEGAL SIGNAL CONTROL OF SURFACE AND SU

#### Build-A-Quilt: July 2013 Borders & Assembling the top

Following the diagram below, sew the blocks together in rows, press the seams.

Then sew the rows together, press the seams.

The quilt should now measure 30 1/2" x 30 1/2"



#### **Cutting instructions for the borders:**

Instructions says to cut strips 30 %" long but before cutting, measure your quilt top and adjust the length if necessary. Make the 12 strips the exact same length.

From 2 1/2" BORDER strip, cut eight (8) strips 30 1/2" long,

From 2 1/2" DARK or MEDIUM strip (your choice), cut four (4) strips 30 1/2"

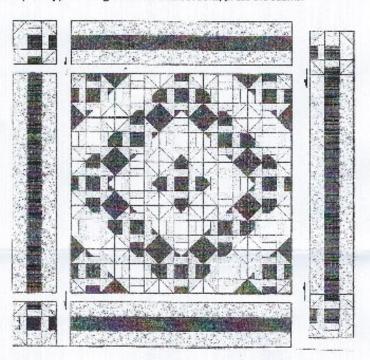
#### Sewing Instructions:

Sew 2 %" wide BORDER strips to both long edges of a 2 %" wide DARK strip, press the seams. Repeat to make four (4) border strips.

Sew a strip to the top and one to the bottom of the guilt top. Press the seams.

Sew a block #7 to each end of the two remaining border strips, press the seams.

Then sew the borders to the sides of the quilt top, matching the seam intersections, press the seams.



Your top is completed.

Quilt your top and sew hinding.

Bring your quilt top to our November guild meeting, we will have a segment reserved for showing our Build-A-Quilt 2013 and the introduction of Build-A-Quilt 2014

Thanks for making the Build-A-Quilt 2013