



# QUILT GUILD BY THE SEA NEWSLETTER

August 2023

VOLUME 13, ISSUE 8

## QGbtS General Meeting

**Date:** August 8, 2023

**Program:** August 8, 2023

**Speaker:** Lauretta Crites, "Picture This! How to Create Pictorial Art Quilts"

**Show `n Tell**

**50/50 Raffle**

**Name Badge Drawing**

### Guild Address:

Quilt Guild by the Sea  
PO Box 64  
Boca Raton, FL 33429

### VOLUNTEERS NEEDED:

We need your help! The following positions are



open:

- Quilt Exhibit Chair
- Donation Quilt Chair
- Publications Director
- Newsletter Assistant
- Publicity Chair
- Workshop Coordinator

## PRESIDENT'S LETTER

Hi Everyone,

I can't believe it's August already. Where has this year gone? I am really glad to be home; my vacation was definitely an adventure, and I had a wonderful time. The scenery was breathtaking. I loved the Canadian Rockies. Lake Louise and Banff surpassed my expectations. Everywhere you looked was another postcard shot. In Lake Louise I got to see Magpies! All my life I've read about them, and I finally got to see them. What a beautiful bird! Cheeky little things, but beautiful.



The Sisters Quilt Show was an experience. The tiny little town of Sister is the size of Central Park in NYC, and every building was draped with quilts. I overheard someone saying there were 2000 quilts. You can watch some of the show on various YouTube sites, just Google "Sisters Quilt Show 2023".

It's that time of year again when we start planning for next year. The nominating committee will be meeting sometime during Quilt Camp to select a slate of officers for next year. We need the following positions and officers for next year: President, President-elect, Secretary, and Treasurer. Once again, if you would like to volunteer for any of these positions, or if you would like to recommend someone, please contact me or any board member to let us know. The position of Program Director and Publications Director also need to be filled.

I am really looking forward to Quilt Camp. It's been a long time for me since I have been able to go. I would like to take this opportunity to thank Jean DeFrances, & Suzanne McGee, in advance, for all their hard work organizing camp. Pat Lynes and Linda Eddy, have also worked long and hard to make camp special for us. Thank you so much for all you have done. Our Guild is better and stronger because of you and all you give to the Guild.

A **Social Time** has been added before our in-person General Meeting from 9:45 to 10:00. This will enable you to sign-up for QOV, Outreach workshops, etc. and most importantly, to visit with friends.

See you soon.  
Happy Quilting,  
Sarah

**CURRENT OFFICERS:**

**President**

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Kristi Kristol  
561-241-6717  
[kdkristol@aol.com](mailto:kdkristol@aol.com)

**Outreach Program Chair:**

Linda Eddy  
(561-376-3996)  
[eddylinda1007@yahoo.com](mailto:eddylinda1007@yahoo.com)

**UPCOMING PROGRAMS:**

**Date: August 8, 2023**

**Speaker: Loretta Crites, "Picture This! How to Create Pictorial Art Quilts"** Lecture

and Presentation. Have you ever wanted to make a representational quilt, but you didn't have a photo of that scene or person? I'll take you through the process I use to make my wonderful realistic quilt images using a variety of photo sources and collage techniques, plus the key tools to getting all those visuals to work together. If you can dream it, you can do it!

**Location:** Boca Raton Community Center, 150 Crawford Blvd (Zoom is also available)

**Time:** 10:00 AM—12:00 PM

Guest Fee: \$10.00 (non-refundable)





And a **HUGE** welcome to all new members and those of you who are joining us from Gold Coast.



Membership dues for 2023 are \$50.00. Dues may be paid by check; send to the Guild's PO Box or directly to our Treasurer:

Karen Berman  
8716 Sunbeam Mountain Terrace  
Boynton Beach FL 33473

or they may be paid on-line on the guild website: [QuiltGuildbytheSea.com](http://QuiltGuildbytheSea.com) or preferably by check.

If you have any additional questions, please contact Karen at (954) 729-7893.

### UPCOMING PROGRAMS:

**Date:** September 12, 2023

**Speaker:** Kestrel Michaud presents "Kestrel's Creations" — a trunk show illustrating her creative history and artistic process.

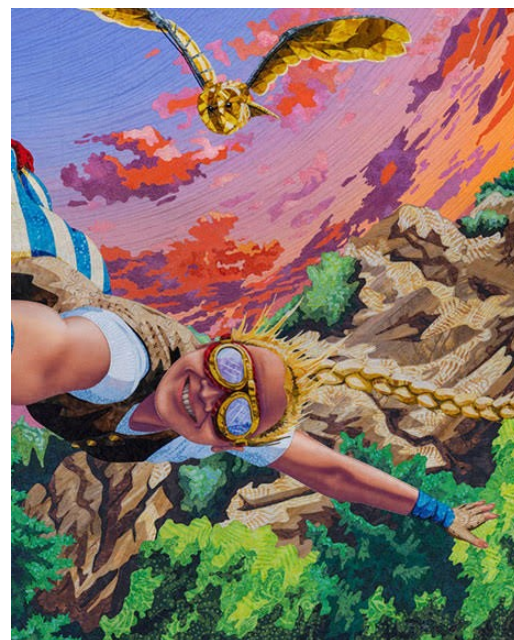
This presentation features a deep dive into my creative history and artistic process. My award-winning quilts are the culmination of a lifetime of artistic growth, and the first half of this presentation explains how I got to where I am today. It's a biographical look at my artistic life, from when I started drawing and won my first art show as a 9-year-old kid, through discovering fabric in High School, re-discovering fabric in art college, and finally transitioning to quilting in my late 20s. I'll share artwork I made in every phase of my life, although the focus is on the fabric.

The second half of "Kestrel's Creations" is about my process. I've used the same fundamental creative process for every fabric picture or quilt I've ever made, although my workflow underwent a major overhaul as I transitioned from analog to digital. Using behind-the-scenes photos and videos from the makings of multiple quilts, I'll take you step-by-step through the process of my design in its entirety, from initial sketch to free-motion quilting

**Location:** Boca Raton Community Center, 150 Crawford Blvd (Zoom is also available)

**Time:** 10:00 AM—12:00 PM

Guest Fee: \$10.00 (non-refundable)



**UPCOMING PROGRAMS:**

**Date: October 10, 2023**

**Speaker: RaNae Merrill presents "Quilt Any Design with Six Basic Shapes"**

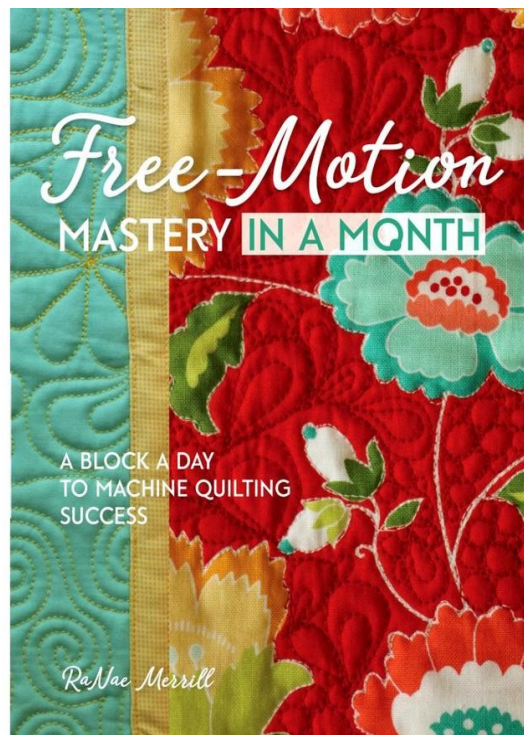
Did you know only six basic shapes make the building blocks of all free-motion quilting patterns? Learn them with my fun and easy "quilting yoga" moves that tie into movements your body already knows and instantly get you into the quilting groove! Then, learn how to combine these six shapes to create any quilting design. Quilters of all levels can use this technique for either domestic or longarm machines. Based on my book ***Free-Motion Mastery in a Month: A Block a Day to Machine Quilting Success***.



**Program: Location:** Boca Raton Community Center, 150 Crawford Blvd (Zoom is also available)

**Time:** 10:00 AM—12:00 PM

Guest Fee: \$10.00 (non-refundable)



**UPCOMING PROGRAMS:**

**Date: November 14, 2023**

**Speaker: Tina Craig presents "The Versatility of English Paper Piecing"**

Tina Craig started quilting in 1990. When we moved to a sea-side town in southern Rhode Island in 1997, Seaside Stitches was born. Back then, I was making and selling hundreds of paper-pieced quilt block lapel pins. Now, I prefer to teach you how to make your own! I specialize in precision piecing (foundation paper piecing and English paper piecing) and domestic machine quilting.

Take a look beyond Grandmother's Flower Garden to see all the possibilities of EPP. From different shapes and sizes to improv and 3-dimensional projects, this trunk show may inspire a myriad of design options for your next quilt.



My trunk shows are engaging and fun. Every quilt I show has a story to tell.

I have been honored to have won awards in local and regional shows including Best of Show at Ninigret Quilters 2013, 2017 and Narragansett Bay Quilters Assoc 2016. My work has also been exhibited at Mid-Atlantic Quilt Festival, World Quilt New England, and QuiltCon Together 2021.

**Location:** Boca Raton Community Center, 150 Crawford Blvd  
(Zoom is also available)

**Time:** 10:00 AM—12:00 PM

Guest Fee: \$10.00 (non-refundable)



**UPCOMING PROGRAMS:**

**December 12, 2023**

**Program:**

- QOV Presentation/wrapping
- "What Was I thinking Sale"

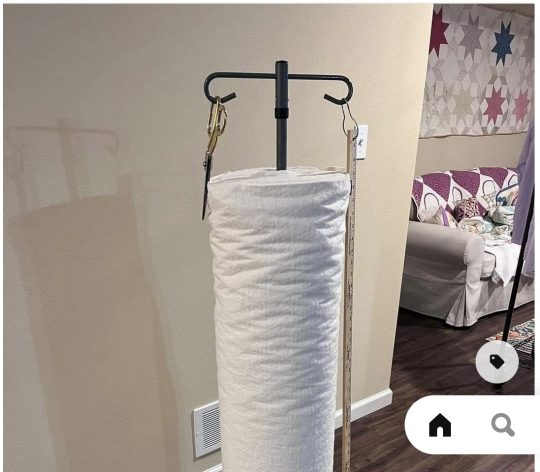
**Location:** Boca Raton Community Center, 150 Crawford Blvd

**THIS IS AN IN-PERSON MEETING ONLY**

Guest Fee: \$10.00 (non-refundable)



Mail 9:20 AM Sat Jul 22  
I don't remember who posted this idea, but that person is a GENIUS. The IV pole I ordered on Amazon came in today, and it works perfectly for a roll of batting. And the hooks on the top are great for storing a pair of scissors and a yardstick.



"Can I keep it, honey?... it followed me home!"

**SHOW 'N TELL VOLUNTEERS  
 NEEDED**

Volun-  
 teers are  
 needed at  
 our "live"  
 meetings  
 to hold  
 Show N  
 Tell quilts  
 and assist  
 Marlys



with pictures. Please contact  
 Sarah Crew at (561-809-0244) or  
 email [sfcrew41@gmail.com](mailto:sfcrew41@gmail.com) if you  
 would be willing to help.  
 (561-809-0244)  
[sfcrew41@gmail.com](mailto:sfcrew41@gmail.com)

**PROMOTION/PUBLICITY CHAIR  
 NEEDED**



Quilt Guild by the Sea is one of  
 Boca's best kept secrets, and we  
 need to get our name out there and  
 let people know who we are and  
 what we do! If you have publicity  
 or promotional experience, or  
 media contacts, and would like to  
 help put us on the map, so to  
 speak, this position is perfect for  
 you. For further details please  
 contact President Sarah Crew. Your  
 assistance will help the Guild  
 continue to benefit its members and  
 people in need.

**EVENTS CALENDAR:**

|                    |   |
|--------------------|---|
| August 8, 2023     | General Meeting                           |
| August 9, 2023     | QOV Mini Workshop at Laura's              |
| August 16—19, 2023 | "Leaf Your Worries Behind" Camp (BRCC)    |
| August 23, 2023    | QOV Mini Workshop at Laura's              |
| August 29, 2023    | Board Meeting                             |
| August 30, 2023    | QOV Workshop (BRCC)                       |
| September 12, 2023 | General Meeting                           |
| September 13, 2023 | QOV Mini Workshop at Laura's              |
| September 26, 2023 | Board Meeting                             |
| September 27, 2023 | QOV Mini Workshop at Laura's              |
| October 10, 2023   | General Meeting                           |
| October 11, 2023   | QOV Mini Workshop at Laura's              |
| October 18, 2023   | QOV Workshop (BRCC)                       |
| October 19, 2023   | QOV Mini Workshop at Laura's              |
| October 31, 2023   | Board Meeting                             |
| November 8, 2023   | QOV Mini Workshop at Laura's              |
| November 14, 2023  | Board Meeting                             |
| November 15, 2023  | Outreach Workshop (BRCC) <b>Tentative</b> |
| November 22, 2023  | QOV Mini Workshop at Laura's              |
| November 28, 2023  | Board Meeting                             |
| December 12, 2023  | General Meeting                           |



**UPCOMING FLORIDA QUILT SHOW CALENDER:**

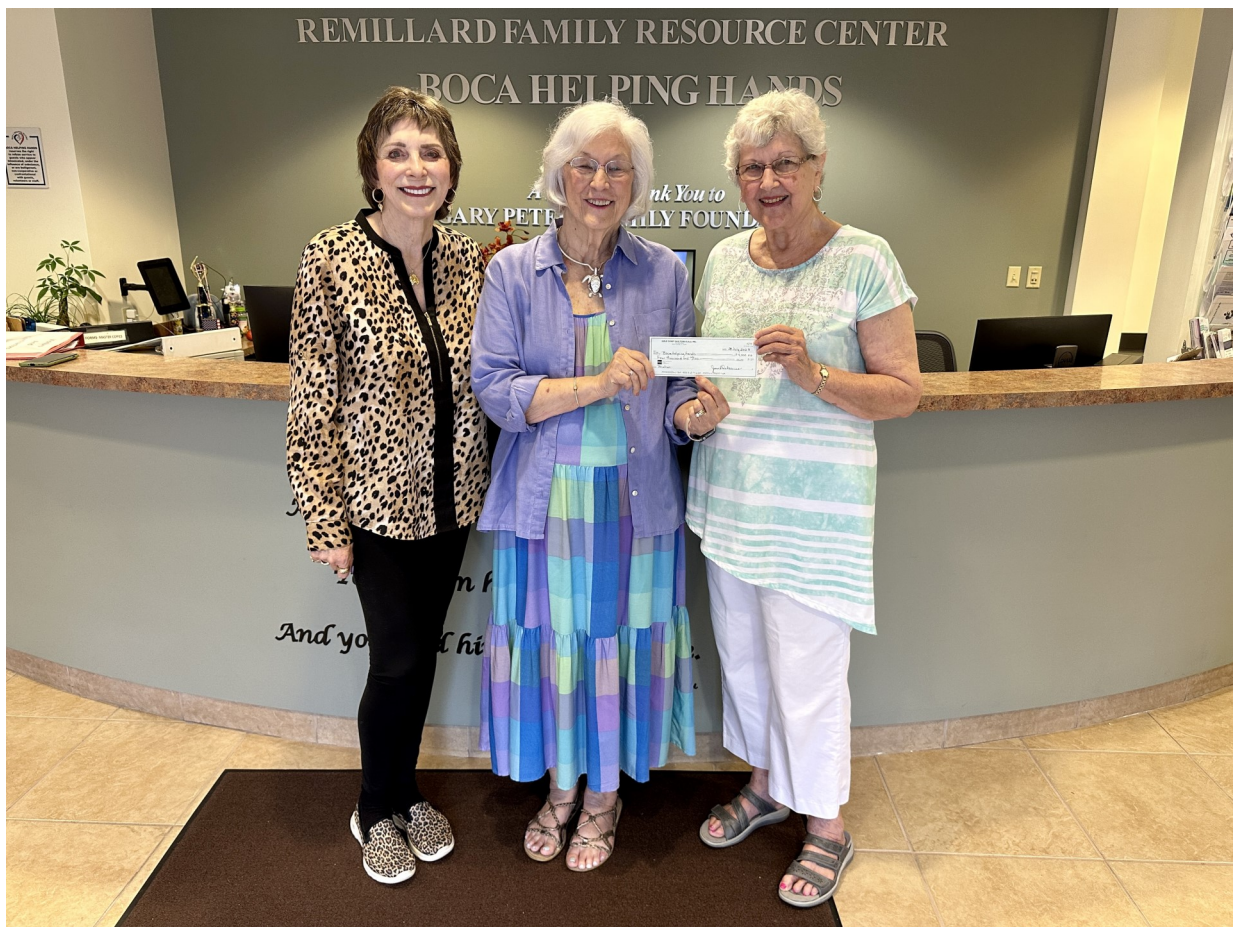
| <b>NAME</b>                                     | <b>DATE</b>  | <b>TIME</b>     | <b>LOCATION</b>  |
|---|--------------|-----------------|--|
| Jacksonville Quilt fest<br>"Sew Full of Whimsy" | 9/14—9/16    | 9:30 AM—5:00 PM | Argyle Church of Christ<br>7310 Collins Road<br>Jacksonville, Fl                     |
| Quilting Under the<br>Palms                     | 10/20—10/21  | 9:00 AM—3:00 PM | Countryside Recreational Cen-<br>ter<br>2640 Sabal Springs Drive<br>Clearwater, Fl.  |
| Quilting in Paradise                            | 2/2—2/3/24   | 9:00 AM—4:00 PM | 9221 SE Event Center Place<br>Port Saint Lucie, Fl                                   |
| Pocketful of Sunshine                           | 2/16-2/18/24 | 9:00 AM—4:00 PM | 6630 Van Buren Street<br>New Port Richey, Fl   |
| Gathering of Quilts                             | 2/23—2/24/24 | 9:00 AM—4:00 PM | Charlotte Harbor Event &<br>Conference Center<br>75 Taylor Street<br>Punta Gorda, Fl |
| Stitches in Time 2024<br>Quilt Show             | 3/1-3/2/24   | 9:00 AM—4:00 PM | New Hope Ministries<br>7675 Davis Blvd<br>Naples, Fl                                 |



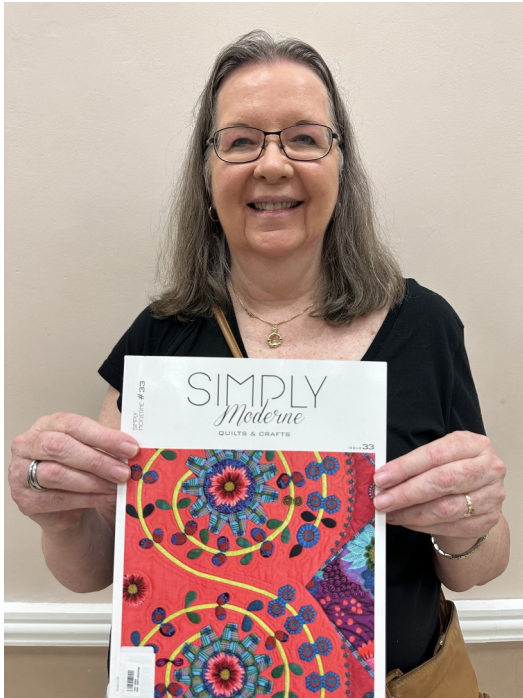


### **DONATION TO HELPING HANDS**

On July 28, 2023, Gold Coast Quilters Guild donated a check for \$4,000 to Boca Helping Hands for their 25th anniversary. Pictured from left to right are: Marlys Cordes, past president, Jane Hill, founding member, and Jean DeFrances, past president. The check helped them reach their \$25,000 goal. This number was matched by an anonymous donor!



Maureen Drudi was featured in the Simply Modern Magazine. She is pointing to a picture of her quilt that was chosen as one of sixty of the most favorite quilts.



The outreach workshop on July 19 was well attended. See page 13 for more information.



QOV WORKSHOP  
WEDNESDAY, AUGUST 30TH  
10:00 am - 3:00 pm  
BOCA RATON COMMUNITY CENTER

**Featuring a skill taught by  
Sue Glasnapp**

Please join us for our 3rd QOV workshop of the year! We will have fun spending time with friends as we create works of art to show our appreciation for the sacrifice someone has made for our freedom.

**Pre cut kits will be available!  
Quilt tops, stars and strips**

There are a lot of way you can help! Bring your machine and sew or you can leave your machine at home and help with hand sewing, cutting, or pressing.

**R.S.V.P. Linda Bouvier at [lbouvier@bellsouth.net](mailto:lbouvier@bellsouth.net).  
Let her know if you will be bringing a machine or not and if you have a preference in what you want to work on.**

If you have QOV kits at home collecting dust now is the time to dust them off and spend time with friends.

**BRING YOUR LUNCH AND SEWING SUPPLIES**

**"THE FRANK MCGEE MEMORIAL QOV WORKSHOP"**

**Nominate a Veteran**

Do you know a deserving Veteran that was touched by war? It is time to nominate them. We are hoping to restart our Quilts of Valor awards in 2023 and we have many quilts available right now to present. Reserve one for a family member, a friend, a colleague, a neighbor, etc...or tell them how to nominate themselves.



*∴ quilt of valor ∴*

**It's easy to nominate a Veteran in 4 easy steps:**

- Sign in to **QOVF.org**
- Click "Nominations and Awards" at the top of the page
- Read the Eligibility and Mission of Quilts of Valor
- Click the box for "online nomination form" and complete the form
- In the comments area, please write that you wish to have this quilt request go to QGbtS.

**QOV NEWS:**

- 63 QOV quilts have been awarded YTD.
- **Do you live in an area with Veterans deserving a QOV quilt?** Help us plan presentations for the fall and 2024. Let Linda Bouvier at [lbouvier@bellsouth.net](mailto:lbouvier@bellsouth.net)

**QOV WORKSHOP AT LAURA'S:**

- QOV Workshops at Laura's are scheduled on **August 9 & August 23** from 11 AM—3 PM. Please contact Rochelle Staiano at (203) 505-0273 or via email [sashakins@hotmail.com](mailto:sashakins@hotmail.com) if you would like to attend or sign-up on the sign-up sheet at the monthly Guild meeting.

**BRING YOUR  
QOV MYSTERY QUILT  
TO THE SEPTEMBER MEETING  
FOR A QOV MYSTERY QUILT SHOW 'N TELL.  
  
QUILTED AND QUILT TOPS ARE ALL WELCOME!**

## COMFORT QUILTS:

### A Note From Maureen Drudi:

We had another amazing month! The quilt count continues to be amazing ! My biggest thank you to all the QGBTS ladies who are contributing to our Comfort Quilt Program.

- Quilt total to date is a whopping 314 ( 131 adult, 140 children, 43 NICU )!
- Deliveries were recently made to "Women in Distress" and to "Boca Regional NICU".
- Our July 19 Outreach Workshop was very productive and a fun day for all! We had 16 attendees and many quilt tops were finished and almost finished. Many kits were made up from our new pattern "Charm and a Half ". These will be available at our August meeting

### Needed: Men's and teenage boy/boy Comfort quilts.

- NICU quilts are always needed and much appreciated.
- Juvenile Comfort Quilts are needed in Trauma Centers. Crib size is suggested.
- Teenage and Tween Comfort Quilts are needed. The size should be approximately 40" X 70" in bright colors, geometric or modern prints, sport prints, or denim fabrics.
- The Guild has some batting available.
- Novelty and juvenile fabrics are needed as well as 2 yard measures of fabric for backings.

### Comfort quilt size specifications are:

- ◆ **A maximum of 40" wide**, and a minimum of **48 - 54"** in length.
- ◆ **NOTE:** Quilt tops should be 40" wide so that we can use one width of fabric and do not have to piece the backs. If you are using your own backing and batting and are doing your own quilting, feel free to make them wider and/or longer.



**COMFORT QUILTS:**

- The size of the NICU coverlets quilts is **36" X 36"**.
- We need domestic machine quilters to help us get our quilt tops finished! Feel free to practice your quilting or quilt simple straight lines . Take the time and opportunity to quilt your Comfort quilts on your machine; practice, hone your skills, and try new techniques and patterns. The final product does not have to be perfect.
- Longarmers are needed to quilt Comfort Quilts. If you would like to volunteer your skills, please contact Linda Eddy.
- Contact: Maureen Drudi at 954-427-2456 or email: [mdrudi@hotmail.com](mailto:mdrudi@hotmail.com) with any questions.

**COMFORT QUILT GALLERY:**



COMFORT QUILTS GALLERY:



COMFORT QUILTS GALLERY:

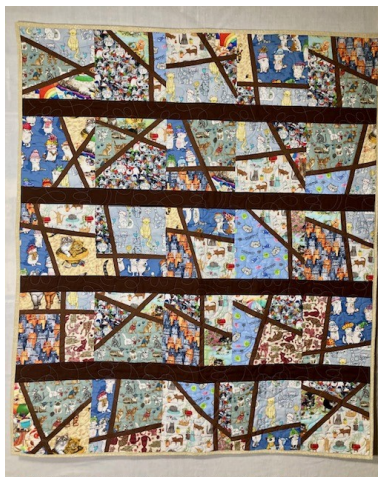




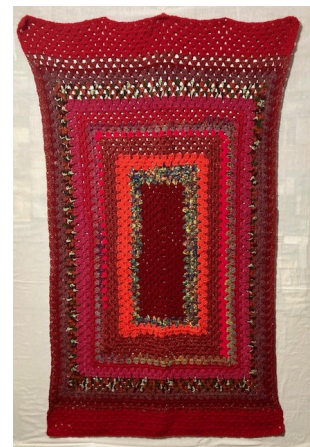
COMFORT QUILTS: GALLERY:



COMFORT QUILTS: GALLERY:



COMFORT QUILTS: GALLERY:



**FIDGET QUILTS:**

- YTD we have delivered 38 Fidget Quilts. Six additional Fidgets will be presented to Sunscape.
- The demand for Fidget Quilts, for adults and children, is higher than we are able to meet. Think about using UFOs or some unfinished projects and turning them into Fidgets! **Many more are needed for our community.**
- **Join the Fidget Challenge!** It's as simple as creating 1 Fidget quilt per month.
- Needed: Embellishments, knick-knacks, and any other fun objects to create Fidget quilts! Please contact Ellen Heckler if you have anything to donate.

FYI: Placemats make wonderful Fidgets; all they need is embellishments.

- For additional information, please contact Ellen Heckler (561) 245-8280 or by email at [Ellen.heckler@gmail.com](mailto:Ellen.heckler@gmail.com)



FIDGET QUILTS:



### COMFORT BEARS/PILLOW PALS:

- There are several new bears in production. Additional kits will be available at the General Meeting or contact Jean DeFrances for more Pillow Pal information.
- Comfort Bear kits complete with paper pattern, fabric and ready-to-sew -on bear faces are available. This is a quick and easy project that will make a child smile.
- **Please do not fringe corduroy bears - they shred.**
- Pattern and instruction for the Bear can be found on the QGbtS website.
- Contact Janet if you need fiberfill stuffing for your bears.
- Contact Janet Copen at (954) 632-1181 or email [jecopen@aol.com](mailto:jecopen@aol.com) for additional information.



**NOTE: If you have taken any bear faces and not returned a completed bear, please do so. We have a limited number of faces. Thank you!**

### THANK YOU NOTE FROM AJ:

Hello!

In 2018 my 2 year old had a medical emergency and was taken by ambulance to the West Boca hospital. After she was resuscitated the EMT gave her a "Square Bob" (as we call him) stuffed animal from the Gold Coast Quilters Guild (which has since dissolved and I believe the remaining members joined Quilt Guild by the Sea). She is still medically complex but her "Square Bob" goes EVERYWHERE with her and brings her more comfort than any other toy/stuffed animal.

Thank you so much for all you do for our kiddos. It means more than anyone realizes and it is very appreciated.

A promotional graphic for the Sew Creative Expo 2023. The background is a photograph of a large, thatched-roof building at night, illuminated with warm lights. The text is overlaid on the image. On the left, a pink box contains the text: "CHARLOTTE HARBOR EVENT & CONFERENCE CENTER", "Punta Gorda, FL", "2ND-4TH", and "OCTOBER". To the right, the text "2023 SEW CREATIVE EXPO" is displayed in large, colorful letters. Below this, a red ribbon banner contains a "Register NOW" button. Further down, a white box lists "DEMONSTRATIONS", "LECTURES & MORE", "ALL ACCESS PASSES", "3-DAY PASSES", and "1-DAY PASSES". A small "TICKET" icon is also present.

I am writing in hopes that you can help spread the word throughout your guild regarding a special event that will take place this fall. One that we are quite sure all of your members would appreciate knowing about.

We are thrilled to invite you and your members to the Sew Creative Expo 2023 which will take place in Punta Gorda, Florida, from October 2 – 4. This will be an event where creativity will certainly take center stage! So, get ready to be dazzled by our lineup of Sewlebrities and immerse yourself in a world of sewing wonders.

Our supplier and partner list continues to grow, ensuring a unique shopping experience with many interesting new products to explore. Plus, we have \$40,000 worth of prizes to give away during our 3-day Expo!

Throughout each day we will feature captivating product demonstrations, book signings, demo's & lectures all of which will showcase the latest techniques and innovations in the sewing industry today...not to mention the newest lineup of machines being rolled out by Baby Lock and Bernina this Fall.

No matter your ticket level, there's something for everyone at the Sew Creative Expo. Join us and discover endless possibilities for learning and inspiration. We have attached an overview that includes our All-Star Lineup of Educators. Go to our webs site for complete details of classes, special events as well as short bios of those who will be running the classes: <https://www.flashsewandquilt.com/sew-creative-expo-2023-education.htm>

.....and get ready to experience a sewing extravaganza like no other you have experienced before. See you at the Sew Creative Expo!

## THE CHEAP SECRET TO PREVENTING FABRIC BLEEDING IN QUILTS

Wednesday, October 22, 2022, Courtesy of Jeni Baker's Blog

Happy Wednesday! Today I wanted to share my secret for preventing fabrics from bleeding when I wash my handmade quilts. I'll also share my basic instructions for washing/drying quilts. I have mentioned this "secret" a few different times over the years, but I wanted to share it in a dedicated post.

As a quilter there are few things worse than pulling your finished quilt out of the dryer to discover that the fabrics in your quilt have bled. When I've experience issues with washing my quilts in the past it has felt pretty devastating. For me a quilt isn't finished until it's had a trip through the washer and dryer, so when something goes wrong during this "last step" it feels like I didn't stick the landing! That satisfied feeling I'm expecting to feel quickly turns into frustration and sadness. I think it's safe to say we all want to avoid that!

Before we dive in I want to preface this advice by saying that I typically do not prewash my fabric for quilts. Specifically quilting cottons. When I'm making quilts from fabric that's intended more for garments like double gauze, chambray or lawn, I always prewash the fabric before making the quilt. You could follow the steps below for pre-washing fabrics for a quilt if you'd like!



While we're on the general topic of avoiding quilt washing issues, save yourself some trouble and do not use a water soluble/disappearing ink marker on a visible part of your quilt. I learned the hard way that it's removal is not always straightforward (short story: don't mix disappearing ink markers with stain fighting products and hot water). Read more about that incident here: [Sherbet Pips Quilt & a Lesson Learned](#).



## The Cheap Secret to Preventing Fabric Bleeding in Quilts (Cont'd)

The fabric bleeding mishap that was the last straw was my [Mendocino Dreams Quilt](#) that I made back in 2012. It was a big quilt, so I used two [Shout Color Catchers](#)\* when I washed it. And I still had fabric bleeding in a few places. I was so upset (this quilt was easily 40+ hours of work), I knew I needed to figure out a different method for washing my quilts to avoid this in the future.

The secret is... table salt! No more expensive color catchers for me, just plain old table salt. I've used iodized, non-iodized, name brand, generic brand and it doesn't seem to matter, they all work. I have not tested this with kosher or sea salt.

I'm happy to report that since I started using this trick, I have had ZERO issues with fabric bleeding. I think I started doing this around 2013, and I have made a lot of quilts since then. Here's how to use it when washing your quilt:



*Disclaimer: The results I've achieved using the following steps have worked for me, but I cannot guarantee that they will work for you. Please follow these instructions at your own risk and use your own judgement to decide what is right for you, your quilts, and your washing machine.*

### The Cheap Secret to Preventing Fabric Bleeding in Quilts (Cont'd)

1. You'll want to **start with a finished quilt!** I am always so excited to wash mine so I usually get right up from my machine when I finish binding and head for our laundry nook.
2. Add your quilt to the washing machine. For either a top loading (what I've got!), or a front loading, **add 1/2 cup - 1 cup of table salt** to the machine, right in with the quilt. I use more or less depending on the size of the quilt. (I usually only do this step the first time I wash a quilt, but if I'm particularly worried about bleeds I'll do it on subsequent washes too.)
3. Add your preferred laundry detergent. I like to **use a laundry detergent without fragrance or dyes** (I use [these tablets](#)\* specifically). It's surprising how many conventional laundry products have dye in them. If your liquid (or pod) detergent has a color to it, it most likely is from a synthetic dye. I recommend avoiding this if you can, when washing a handmade quilt.
4. Set your machine to a **gentle cycle and wash with cold water.**
5. **SET A TIMER.** This is so important. Probably the most important thing you can do to prevent fabric bleeding in your quilt. You want your wet quilt to sit in the machine, after the wash cycle has finished, for as little time as possible. In my experience, letting wet fabric sit against wet fabric often results in fabric bleeding. 10-15 minutes shouldn't be anything to panic about, but I would try to avoid anything longer than that. Definitely would not recommend throwing a quilt in the wash before you go out to run errands or something!
6. **Check your quilt for stains or bleeds before drying it.** It's easier to deal with them before they head into the dryer and get set.
7. **Dry your quilt.** There is a lot of room for personal preference here. For me, I absolutely love the wrinkle crinkle on a finished quilt, so I dry my quilt completely in the dryer, usually on medium heat. I used [wool dryer balls](#)\* to help it dry evenly, minimize static and make it nice and fluffy! If your quilt is particularly delicate or you want to minimize shrinking, I would recommend drying it on lower heat and pulling it out of the dryer early to let it air dry the rest of the way.



An interesting thing about this trick is that if you search "salt fabric bleeding" or "using salt in laundry" it actually pulls up a few "laundry hacks that didn't work" type of articles. This is a good reminder that it may not work in every situation for every person. I feel confident sharing this trick anyways because it has worked for me for the last 50+ quilts I've made. Just remember to pair it with good quilt washing practices like using cold water and not letting the quilt sit wet in the washer for too long.

SHOW 'N TELL—JULY 2023



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- August 10:** Lazy Day
- August 15:** Relaxation Day
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