



# QUILT GUILD BY THE SEA NEWSLETTER

March 2023

VOLUME 13, ISSUE 3

## QGbtS Program:

**Date:** March 14, 2023

**Program:** Dana Jones,  
presenting Pagtinabangay:  
The Quilts and Quiltmakers  
of Caohagan Island

Show 'n Tell

**50/50 Raffle**

**Quilt Auction**

## Guild Address:

Quilt Guild by the Sea  
PO Box 64  
Boca Raton, FL 33429

## VOLUNTEERS NEEDED:



The following positions are  
open and we need help:

- Quilt Exhibit Chair
- Donation Quilt Chair
- Newsletter Assistant
- Publicity

## President's Letter:

Hello Everyone,

Our second hybrid meeting is approaching. It is so exciting to be meeting in person again!

For those of you who are new to our guild, here are a few highlights of our in-person meetings. We have tables set up around the perimeter of the room. When you check in at the membership table, and you are wearing your nametag, you will be given a ticket for a drawing. We also have tables for each of our various outreach programs: Fidgets, Comfort Quilts, Care Bears, and a table for QOV. At these tables you can pick up kits and supplies and drop-off finished projects. In addition, someone will be walking around with raffle tickets for our 50/50 drawing.

A monthly donation quilt auction and a "Yours for the Taking" table are new this year. Whatever is on "Yours for the taking" table is for you to take; some things may have a nominal price tag, but most will be free. There will be a donation jar on the table if you feel so inclined, but it's totally up to you. If you have something at home you want to bring, just bring it, and drop it off on this table. Lots of goodies can be found here. Remember one person's trash is someone else's treasure!

Marcia Degner, our Program Director, has arranged for amazing speakers, both domestic and international, for our programs. The speakers will discuss the techniques they are known for, have a trunk show, and give us some insight to what inspires them. Our programs are the highlights of our meetings.

And finally, we have our Show N Tell. Our quilters are encouraged to bring the quilts or quilt tops they have created and share their stories with us. These are some amazing quilts and projects. Bring your projects, we want to see them.



Until we meet at our next meeting. Happy Quilting,

Sarah

# QUILT GUILD BY THE SEA NEWSLETTER

## Page 2

### CURRENT OFFICERS:

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### UPCOMING PROGRAMS:

**Date: March 14, 2023**

**Speaker:** Dana Jones, presenting Pagtinabangay: The Quilts and Quiltmakers of Caohagan Island

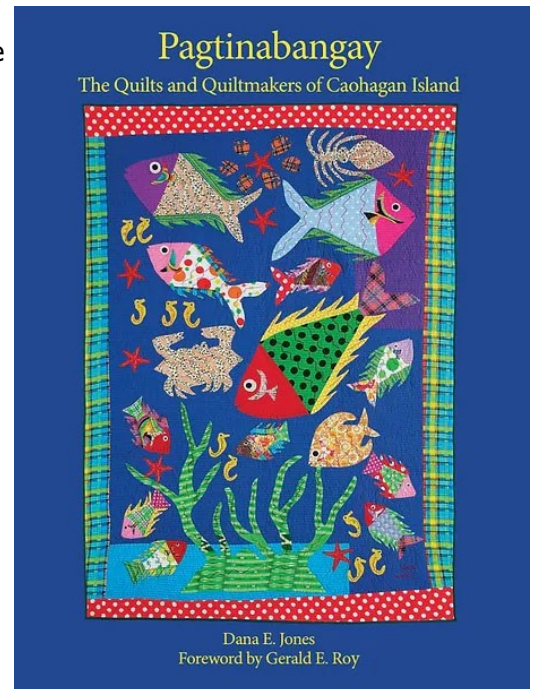
You'll be transported to a tiny island — just 13 acres — in the central Philippines as you enjoy images and stories of the colorful quilts and the more than 100 quiltmakers of Caohagan Island. You'll see photos of more than 50 of these handmade, one-of-a-kind quilts plus be introduced to the unique techniques developed by these quiltmakers whose tools are simply fabric and scissors, needle and thread. I spent more than a month on the island, quilted with the residents, went fabric shopping with them on nearby Cebu Island, and snorkeled the reef that surrounds Caohagan. Those who view the quilts come away smiling, inspired by the creativity of these women and men.

**Location:** Boca Raton Community Center, 150 Crawford Blvd

**Time:** 10:00 AM—12:00 PM

Zoom is also available

Guest Fee: \$10.00 (non-refundable)





Welcome to all returning members of Quilt Guild by the Sea for 2023.

And a **HUGE** welcome to all new members and those of you who are joining us from Gold Coast.



Membership dues for 2023 are \$50.00. Dues may be paid by check; send to the Guild's PO Box or directly to our Treasurer, Karen Berman, at 8716 Sunbeam Mountain Terrace Boynton Beach FL 33473 or they may be paid on-line on the guild website: [QuiltGuildbythe-Sea.com](http://QuiltGuildbythe-Sea.com) or preferably by check.

If you have any additional questions, please contact Karen at (954) 729-7893.

#### UPCOMING PROGRAMS:

**Date:** April 11, 2023

**Speaker:** Timna Tarr, "Flying Colors"  
Lecture and Trunk Show

Timna is known for making fun, colorful, award-winning quilts. Join her for a trunk show of her quilting journey. She talks about her design and color choices, as well as the personal stories behind the quilts.

**Location:** Boca Raton Community Center, 150 Crawford Blvd

Zoom is also available

**Time:** 10:00 AM—12:00 PM

Guest Fee: \$10.00 (non-refundable)



**UPCOMING PROGRAMS:**

**Date:** May 9, 2023

**Speaker:** Kena Tangi Dorsey, "The Bold and the Beautiful: Using Vibrant African Wax Prints in Quilts"

I'm Kena Tangi Dorsey, and I'm a quilt artist, teacher, speaker, mentor, pattern designer and owner of Kena Quilt Studio. I began sewing and quilting almost 20 years ago and have enjoyed designing and selling custom-made modern and traditional quilts ever since.

Now, I have expanded the artistry of my business to focus on helping others revel in the joys of quilt-making. I teach quilting classes using the style and techniques that I've fallen in love with while making portrait art quilts, modern quilts, and quilted bags over the years. I love using the big, bold, rich colors that you may find in African wax print fabrics, or Indonesian batiks, and Kaffe Fassett collections, to name a few. They're so much fun to work with, and I want to share that passion with you!

**Location:** Boca Raton Community Center, 150 Crawford Blvd

Zoom is also available

**Time:** 10:00 AM—12:00 PM

Guest Fee: \$10.00 (non-refundable)



## QUILT AUCTION



This month's auction quilt was donated by **Jane Gavlik** and measures 50x69. Bidding will start at \$60.00. Bids will increase by \$5.00.

### Rules:

We have so many donation quilts left over from our "What was I Thinking Sale" that the Board had decided to auction one a month at our monthly meeting. It will be a live auction! What fun.

Each quilt will have a starting bid that shall be determined by the Board; the starting bid will be determined by the size, complexity, etc. of the quilt.

Our members, who will be attending via Zoom, will also be able to participate in the live auction. They can submit a maximum bid amount by email, or texting either Sarah Crew or Deb Shoemaker prior to the meeting. During the meeting, we will accept bids via Zoom Chat. Zoom bids will be monitored by Deb Shoemaker; please send all bids to her.



## HOLD THE DATE

### **2023 QGbtS Quilt Camp** ***"Leaf Your Worries Behind"***

Wednesday, August 16<sup>th</sup> -Saturday, August 19<sup>th</sup>

Boca Raton Community Center

includes lunch Wednesday thru Friday

Cost: \$125



## **"THE FRANK MCGEE MEMORIAL QOV WORKSHOP"**

### **Nominate a Veteran**

Do you know a deserving Veteran that was touched by war? It is time to nominate them. We are hoping to restart our Quilts of Valor awards in 2023 and we have many quilts available right now to present. Reserve one for a family member, a friend, a colleague, a neighbor, etc...or tell them how to nominate themselves.

### **It's easy to nominate a Veteran in 4 easy steps:**

- Sign in to **QOVF.org**
- Click "Nominations and Awards" at the top of the page
- Read the Eligibility and Mission of Quilts of Valor
- Click the box for "online nomination form" and complete the form
- In the comments area, please write that you wish to have this quilt request go to QGbtS.



### **WRAPPERS NEEDED:**

Volunteers are needed for Palm Beach, and Broward County to attend QOV quilt presentations, and assist with wrapping the quilt around the recipient. Anyone interested should contact Linda Bouvier (561) 212-3997 or Kristi Kristol (561) 241-6717.



### **QOV WORKSHOP:**

We had a great turnout with 24 people showing up to work. Several others stopped by to drop items off or pick up kits or mystery quilts. Sue Glasnapp taught us how to square up our quilts, make borders, and mitered borders. We had a great time getting to know new members and seeing old friends after 3 years of not having workshops. It was a fun productive day.



QOV WORKSHOP:



**PRESENTATIONS:**

Linda and Kristi had the privilege to award James with a Quilt of Valor.



Pat awarded Donald with a Quilt of Valor.



**PRESENTATIONS:**

Toby presented Jim and Herb with their Quilts of Valor.



**PRESENTATIONS:**

Grace awarded two Army veterans their Quilts of Valor.



**PRESENTATIONS:**



**PRESENTATIONS:**

Pat had the pleasure of awarding Agar her Quilt of Valor.



Sheila, Kristi and Linda awarded 4 veterans their Quilts of Valor at Veterans Park.



**PRESENTATIONS:**

Toby hosted a wonderful event in her community where 9 veterans received their Quilts of Valor.



## **COMFORT QUILTS:**

- Linda Bouvier and Kristy Kristol delivered 24 Comfort Quilts to Delray Medical Center Trauma Unit and Pinecrest Rehab which is located within the hospital. They were very happy to receive them and we hope to deliver many more in the future!
- YTD we have delivered 45 completed Comfort Quilts (25 Adult, 14 Teen/Child, and 6 NICU). In addition to 6 quilt tops, 1 hat, and 8 pair of preemie booties were also turned in. A big Thank You is well deserved.

### **Needed: Men's and teenage boy/boy Comfort quilts.**

- Juvenile Comfort Quilts are needed in Trauma Centers. Crib size is suggested.
- Teenage and Tween Comfort Quilts are needed. The size should be approximately 40" X 70" in bright colors, geometric or modern prints, sport prints, or denim fabrics.
- The Guild has some batting available.
- Novelty and juvenile fabrics are needed as well as 2 yard measures of fabric for backings.

### **Comfort quilt size specifications are:**

- ♦ **A maximum of 40" wide**, and a minimum of **48 - 54"** in length.
- ♦ **NOTE:** Quilt tops should be 40" wide so that we can use one width of fabric and do not have to piece the backs. If you are using your own backing and batting and are doing your own quilting, feel free to make them wider and/or longer.
- The size of the NICU coverlets quilts is **36" X 36"**.
- We need domestic machine quilters to help us get our quilt tops finished! Feel free to practice your quilting or quilt simple straight lines. Take the time and opportunity to quilt your Comfort quilts on your machine; practice, hone your skills, and try new techniques and patterns. The final product does not have to be perfect.
- Longarmers are needed to quilt Comfort Quilts. If you would like to volunteer your skills, please contact Linda Eddy.
- Contact: Maureen Drudi at 954-427-2456 or email: [mldrudi@hotmail.com](mailto:mldrudi@hotmail.com) with any questions.



COMFORT QUILTS:



COMFORT QUILTS:



## COMFORT BEARS:

- 
- Elaine Silberman delivered 9 Comfort Bears to Women in Distress.
- There are now 14 bears waiting for new homes, as well as several in production.
- Linda Bouvier has requested patriotic bears be given to children at QOV presentations. Linda gave bears to veteran's grandchildren receiving a QOV, they were well received.
- Comfort Bear kits complete with paper pattern, fabric and ready-to-sew -on bear faces are available. This is a quick and easy project that will make a child smile.
- **Please do not fringe corduroy bears - they shred.**
- Pattern and instruction for the Bear can be found on the QGbtS website.
- Contact Janet if you need fiberfill stuffing for your bears.
- Contact Janet Copen at (954) 632-1181 or email [jecopen@aol.com](mailto:jecopen@aol.com) for additional information.



## FIDGET QUILTS:

- **CALLING FOR ORPHAN BLOCKS:** Meridian has requested orphan blocks for their facility. Please bring them to the next meeting, if you have any available.
- **Join the Fidget Challenge!** It's as simple as creating 1 Fidget quilt per month.
- The demand for Fidget Quilts is higher than we are able to meet. Think about using a UFO or some unfinished projects and turning them into Fidgets!
- Fidget Quilts are needed for children as well.
- Needed: Embellishments, knick-knacks, and any other fun objects to create Fidget quilts! Please contact Ellen Heckler if you have anything to donate.



FYI: Placemats make wonderful Fidgets; all they need is embellishment!

- For additional information, please contact Ellen Heckler (561) 245-8280 or by email at [ellen.heckler@gmail.com](mailto:ellen.heckler@gmail.com)

## Fidget Quilts for Dementia Patients Written by Beth Cooper, February 8, 2023

Hi friends! It is a beautiful day in my neighborhood, and I hope it is in yours, too! My sewing room has been a busy place this week. I have been cranking out fidget quilts left and right. I love to make those for friends who have a loved one battling dementia or Alzheimer's. If I have any left over, I donate them to a local nursing home. Sadly, dementia is currently affecting almost 10% of older adults in the United States. Not all Dementia patients benefit from a fidget quilt, but many do. Interested in making one (or twenty!)? Read on...

### What Is a Fidget Quilt?

Fidget quilts are small hand-held quilts with lots of "fidgety" things sewn onto it. Many Dementia patients have the urge to continually pick at something or some just like to keep their hands busy. Without something to pick at or mess with, many will pick at their skin, nails, clothing, etc. Enter in the fun fidget quilt: now their hands are busy and they are occupied. Fidget quilts involve lots of textures and motion. Each "block" has something different to offer – a new texture or something on it to fidget with (like a ribbon or even a key).



### **How do I make the quilt?**

1. Start by picking your fabric. I chose a variety of fun bright colors, but I also focused on adding at least 2-3 pieces of fabric that had texture to them. (Example: fleece, sequin, minky, chenille, etc.)
2. You will need 9 squares cut to 6 1/2" each. I try to only use each fabric one time.
3. Sew your items onto each square BEFORE sewing your squares together. The reason for this is that you can catch your ribbons, strings, etc. into your seam allowance. This makes all of the items more secure. It also is just flat-out easier to do it this way. Trust me on this one.
4. After you have at least one fidget added to each of the 6 1/2" squares, sew the squares together. (I explain how to add tricky items below.) It will feel heavy and awkward. That's okay. Trust the process. Sew slowly and make sure to keep the fidget items out from under your needle.
5. Once you have 9 squares sewn together in rows of three, pick out your backing fabric and batting.
6. Place your quilt top on top of the batting, face up. Then, place the backing on top of your quilt top, right sides together. Pin the three layers together. (Pin it very well!) I know this seems backwards. It always does to me too, but I promise it will work!
7. Sew 1/4" seam nearly all the way around the little quilt sandwich, leaving a section, big enough to fit your hand into, unsewn.
8. Trim the corners. (Just snip off each tiny corner, being careful not to snip the stitches.)
9. Flip the whole quilt right side out. Voila! No binding needed!
10. Poke corners out. You may choose to press the sides and corners at this point with an iron so that they all lay nice and flat. Sometimes pressing is difficult though, due to the fidgets.
11. Sew the hole closed. I just tuck a bit of the backing and a bit of the top down into the quilt and sew closed on my machine.

Now, it's time to quilt it. Being very careful of the fidgets, use your sewing machine to add some quilting to the fidget quilt. This provides more stability to the whole thing. I always stitch-in-the-ditch (that means just quilting on the seam lines) on a fidget quilt. Sometimes, this is all the quilting I do. Other times, I add just a few straight lines of quilting to each block, being very careful of the fidgets.

And that's it! It is very fast and easy to make one.

### **What Do I Add to the Fidget Quilt?**

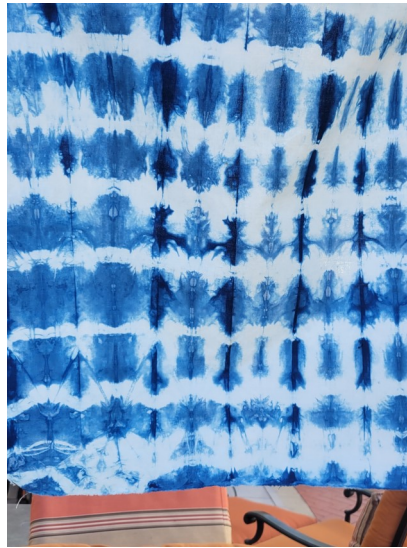
All of the fidget quilts I make include at least one zipper and some Velcro (that's always a favorite!). I also try to tailor each one to either male or female. I made the one pictured above last night for my friend's father. He's a retired mechanic. He worked with his hands all of his life, so I included things that were familiar to him – some washers, nuts, and pvc fittings. He can screw and unscrew the two pieces of pvc over and over again. I also included a key ring and a key clip, both with keys on them. There are also plastic rings, fun textures, and a zipper pocket holding a very cute bendable cow inside of it.



***SATURDAY,  
MARCH 18, 2023  
Is  
NATIONAL QUILTING DAY***



SHOW 'N TELL—FEBRUARY 2022



Linda Roraff—Ice dying

**WILD 'N WACKY HOLIDAYS IN MARCH:**

**March 6: Oreo Cookie Day**



**March 10: Land Line Telephone Day**



**March 12: Daylight Saving Time Begins**

**March 13: K-9 Veterans Day**

**March 17: St. Patrick's Day**

**March 18: National Tequila Day**

**March 18: National Quilting Day**

**March 23: National Puppy Day**

**March 25: National Medal of Honor Day**

**March 27: World Theatre Day**

**March 30: International Laundry Folding Day**

**March 31: National Crayon Day**

**March 18: National Quilting Day**





## CLASSIFIED

Available, two long curtain panels made with this cotton fabric by Brunschwig & Fils.

If anyone is interested please contact Kristina Kristol via email at: [kdkristol@aol.com](mailto:kdkristol@aol.com).





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